## Peer Mentoring Initiative

The following statements outline the grad-council's suggestions and general goals of the program. Mentors and mentees should feel free to adjust these suggestions in a way that best suits their needs.

- Each group is encouraged to meet once a month, with the exception of December (since there are no classes and people may be traveling, visiting family etc.)
- Each group is encouraged to meet with its sister-group once a month in a meeting separate from the previous one. The exception of December applies here as well.
- Mentors and mentees are encouraged to reach out to each other once a week. That could
  be a meeting, or emailing, or texting, or calling, depending on how they all feel more comfortable communicating. We encourage this communication to continue through December
  as well.
- The goal of sister-groups is to provide an additional group of people (both mentors and mentees) that one can reach out to if they feel more comfortable to do so compared to their original group.
- Mentors are not academic advisors. While they can offer opinions about classes and professors, those are not expert opinions, but opinions of a fellow classmate. The same applies to questions pertaining SoM policies and administrative procedures. While it is not expected of mentors to be able to handle these questions, mentees are still encouraged to ask. Mentors have been here longer so they may be able to point them to someone (professor or administrator) who is equipped to provide an answer.
- Mentors are not "superior" to mentees. They are fellow students that wish to provide some support and advice when necessary, and not supervise the mentees.
- While our goal is to have an informal relationship between mentors and mentees, everyone should respect personal boundaries, and no one is expected to do something they are not comfortable with.
- Everyone should keep in mind that the mentor-mentee interactions do not officially fall under any academic confidentiality. However, it is expected that participants have the common decency to not gossip about private conversations and respect each other's privacy.

If you have any suggestions, questions, or concerns, please reach out to the graduate student council at cgiannitsi3@gatech.edu

## On Campus Resources for Personal Support

- The Office of the Dean of Students: http://studentlife.gatech.edu/content/services; (404) 894-6367; Smithgall Student Services Building 2nd floor
  You also may request assistance at https://gatech-advocate.symplicity.com/care\_report/index.php/pid383662?
- Counseling Center: http://counseling.gatech.edu; (404) 894-2575; Smithgall Student Services Building 2nd floor. Services include short-term individual counseling, group counseling, couples counseling, testing and assessment, referral services, and crisis intervention. Their website also includes links to state and national resources. Students in crisis may walk in during business hours (8am-5pm, Monday through Friday) or contact the counselor on call after hours at (404) 894-2204.
- Students' Temporary Assistance and Resources (STAR): http://studentlife.gatech.edu/content/star-services Can assist with interview clothing, food, and housing needs.
- Stamps Health Services: https://health.gatech.edu; (404) 894-1420
- OMED: Educational Services: http://www.omed.gatech.edu
- Women's Resource Center: http://www.womenscenter.gatech.edu; (404) 385-0230
- LGBTQIA Resource Center: http://lgbtqia.gatech.edu/; (404) 385-2679
- Veteran's Resource Center: http://veterans.gatech.edu/; (404) 385-2067
- Georgia Tech Police: (404) 894-2500