ON GENERALIZING LUTZ TWISTS

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Abstract. We give a possible generalization of a Lutz twist to all dimensions. This reproves the fact that every contact manifold can be given a non-fillable contact structure and also shows great flexibility in the manifolds that can be realized as cores of overtwisted families. We moreover show that $\mathbb{R}^{2n+1}$ has at least three distinct contact structures.

1. Introduction

Lutz twists have been a fundamental tool in studying contact structures in dimension 3. They have been used to construct contact structures on all closed oriented 3-manifolds and to manipulate the homotopy class of plane field of a given contact structure. In particular, Lutz [14] used this construction to give the first proof that all homotopy classes of plane fields can be realized by contact structures. We recall that a Lutz twist alters a contact structure on a solid torus neighborhood of a transverse curve by introducing an $S^1$-family of overtwisted disks (see below for a precise definition). An overtwisted disk in a contact 3-manifold $(M, \xi)$ is an embedded disk in $M$ that is tangent to $\xi$ only along its boundary and at one interior point. A contact manifold is called overtwisted if it contains an overtwisted disk and otherwise it is called tight. Starting with Eliashberg’s fundamental paper [4] defining the tight versus overtwisted dichotomy, these notions have taken a central role in 3-dimensional contact geometry. Overtwisted contact structures are completely classified [2] and exhibit a great deal of flexibility, appearing to be fairly topological in nature. Much of the insight into such structures has come from careful analysis of the Lutz twist construction and natural questions that arose from it.

There is not a great deal known about contact structures in dimensions above 3. Specifically, there are few constructions of contact structures and few tools to manipulate a given contact structure. We introduce one such tool by giving a possible generalization of a Lutz twist to all odd dimensions. As a consequence we reprove and slightly strengthen a result proved by Niederkrüger and van Koert in [19] that every $(2n + 1)$-dimensional manifold that has a contact structure can be given a non-fillable contact structure. The proof in fact produces an embedded overtwisted family (that is a plastikstufe in the language of [17]) by changing the given contact structure in a small neighborhood of any $(n - 1)$-dimensional isotropic submanifold $B$ (with trivial conformal symplectic normal bundle). The overtwisted family is modeled on $B$ (that is $B$ is the elliptic singular locus of the family, see Subsection 2.3 below). This construction is analogous to creating an overtwisted disk in dimension three by performing a Lutz twist along a knot in the neighborhood of a point (an overtwisted disk is a 3-dimensional overtwisted family). Overtwisted families, in dimensions above three, were first considered in [17] as an obstruction to symplectic fillability of a contact structure, though precursors of them go back to Gromov’s work [11]. In [20] Presas gave the first examples of overtwisted families in a closed contact manifold of dimension greater than three.

Our main result is the following.

**Theorem 1.1.** Let $(M, \xi)$ be a contact manifold of dimension $2n + 1$ and let $B$ be an $(n - 1)$-dimensional isotropic submanifold with trivial conformal symplectic normal bundle. Then we may alter $\xi$ in any neighborhood of $B$ to a contact structure $\xi'$ that contains an overtwisted family modeled on $B$. Moreover, we may assume that $\xi'$ is homotopic to $\xi$ through almost contact structures.

A corollary is the following result originally proven, modulo the statement about the homotopy class of almost contact structures and core of the overtwisted family, via a delicate surgery construction in [19] based on subtle constructions in [20]. We call a contact structure weakly overtwisted if it contains an overtwisted
family. (We use the adjective “weakly” since it is not clear that this is the most appropriate generalization of overtwisted to dimensions above 3, though it does share some properties with 3 dimensional overtwisted contact manifolds.)

**Theorem 1.2.** Every odd dimensional manifold that supports a contact structure also supports a weakly overtwisted, and hence non (semi-positive) symplectically fillable, contact structure in the same homotopy class of almost contact structure. Moreover, we can assume the overtwisted family is modeled on any (\(n-1\))–dimensional isotropic submanifold with trivial conformal symplectic normal bundle.

We also observe the following non uniqueness result which can also be found in [18].

**Theorem 1.3.** There are at least three distinct contact structures on \(\mathbb{R}^{2n+1}, n \geq 1\).

We remark that our proof relies on cut-and-paste techniques and branch cover techniques that seem to be new to the literature. These techniques should be useful in constructing contact structures on higher dimensional manifolds and will be more fully explored and systematized in a future paper.

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# 2. Background and Notation

In this section we recall some well known results and establish notation necessary in the rest of the paper. Specifically in Subsection 2.1 we prove various Darboux type theorems about contact structures that agree on compact subsets. In Subsection 2.3 we define overtwisted families. This definition involves the “characteristic distribution” of a submanifold of a contact manifold and has various equivalent formulations, just as there are several equivalent definitions of overtwisted disks in a contact 3-manifold. To clarify these equivalent formulations we discuss characteristic distributions on Subsection 2.2. In Subsection 2.4 we recall a few basic facts about almost contact structures. Finally in Subsection 2.5 we recall the notion of Lutz twist in dimension 3 and set up notation that will be used in the following sections.

## 2.1. Neighborhoods of submanifolds of a contact manifold.

A simple application of a Moser type argument yields the following result.

**Proposition 2.1.** Let \(N\) be a compact submanifold of \(M\) and let \(\xi_0\) and \(\xi_1\) be two oriented contact structures on \(M\) such that \(\xi_0|_N = \xi_1|_N\). Moreover, assume we have contact forms \(\alpha_i\) for \(\xi_i\) such that \(d\alpha_i|_N = d\alpha_0|_N\). Then there are open neighborhoods \(U_0\) and \(U_1\) of \(N\) and a contactomorphism \(\phi : (U_0, \xi_0) \to (U_1, \xi_1)\) that is fixed on \(N\).

**Proof.** Set \(\alpha_t = t_0 + (1 - t)\alpha_0\). Noting that \(\ker(\alpha_t) = \ker(\alpha_0)\) along \(N\) and \(d\alpha_t = d\alpha_0\) on \(N\) we see that \(\alpha_t\) is contact in some neighborhood of \(N\). Thus \(\xi_t = \ker\alpha_t\) now gives a family of contact structures in a neighborhood of \(N\) that agree along \(N\). A standard application of Moser’s argument [16] now give a family of open neighborhoods \(V_0, V_1\) of \(N\) and maps \(\phi_t : V_0 \to V_1\) fixed along \(N\) such that \(\phi_t^*\alpha_t = h_t\alpha_t\) for some positive functions \(h_t\). Setting \(U_0 = V_0\) and \(U_1 = V_1\), the map \(\phi_1\) is the desired contactomorphism. \(\square\)

Recall if \((M, \xi)\) is a contact manifold with contact structure \(\xi\) and \(\alpha\) is a (locally defined) contact form for \(\xi\) then for all \(x \in M\) the 2–form \((d\alpha)_x\) is a symplectic form on \(\xi_x\). Since any other contact form defining \(\xi\) differs from \(\alpha\) by multiplication by a positive function (we always assume a contact form for \(\xi\) evaluates positively on a vector positively transverse to \(\xi\)), we see there is a well-defined conformal symplectic structure on \(\xi\).

A submanifold \(L \subset M\) is called **isotropic** if \(T_xL \subset \xi_x\) for all \(x \in L\). If \(M\) has dimension \(2n+1\) then the dimension of an isotropic \(L\) must be less than or equal to \(n\) since \(T_xL\) is an isotropic subspace of the symplectic space \((\xi_x, (d\alpha)_x)\). If the dimension of \(L\) is \(n\) then \(L\) is called **Legendrian**. Given an isotropic \(L\) its **conformal symplectic normal bundle** is the quotient bundle with fiber

\[
\text{CSN}(L)_x = (T_xL)^\perp / T_xL,
\]
where \((T_x L)^\perp\) is the \(do\)-orthogonal subspace of \(T_x L\) in \(\xi_x\). One may easily check that \(CSN(L)_x\) has dimension \(2(n - l)\) where \(l\) is the dimension of \(L\) and as bundles
\[
T_x L \oplus \xi_x / (T_x L)^\perp \oplus CSN(L)_x \oplus \mathbb{R} \cong \xi_x \oplus \mathbb{R} = T_x M,
\]
where the \(\mathbb{R}\) factor can be taken to be spanned by any Reeb field for \(\xi\). (All bundle isomorphisms preserve conformal symplectic structures where they are defined.) One may easily check that the bundle \(\xi_x/ (TL)^\perp\) is isomorphic to \(T^*L\). So the only term on the left hand side that is not determined by the topology of \(L\) is \(CSN(L)\) which depends on the isotropic embedding of \(L\) in \((M, \xi)\). We now have the following result that easily follows from the above discussion and Theorem 2.1 (once one notices that the conformal symplectic normal bundles can be identified such that the symplectic structures induced by given contact forms agree).

**Proposition 2.2** (Weinstein 1991, [21]). Let \((M_0, \xi_0)\) and \((M_1, \xi_1)\) be two contact manifolds of the same dimension and let \(L_i\) be an isotropic submanifold of \((M_i, \xi_i), i = 0, 1\). If there is a diffeomorphism \(\phi : L_0 \to L_1\) that is covered by a conformal symplectic bundle isomorphism \(\Phi : CSN(L_0) \to CSN(L_1)\) then there are open sets \(U_i\) of \(L_i\) in \(M_i\) and a contactomorphism \(\phi : (U_0, \xi_0) \to (U_1, \xi_1)\) that extends \(\phi : L_0 \to L_1\).

2.2. **Characteristic distributions.** Let \(C\) be a \(k\)-dimensional submanifold of the \((2n + 1)\)-dimensional contact manifold \((M, \xi)\). The singular distribution
\[
(C_\xi)_x = T_x C \cap \xi_x \subset T_x C
\]
is called the **characteristic distribution**. Where the intersection is transverse the distribution has dimension \(k - 1\). We say \(C\) is a foliated submanifold if the non-singular (that is transverse) part of \(C_\xi\) is integrable. We say \(C\) is a maximally foliated submanifold if it is a foliated submanifold and the dimension of \(C\) is \(n + 1\) (so all the leaves of \(C_\xi\) are locally Legendrian submanifolds of \((M, \xi)\)).

The characteristic distribution can be quite complicated as can be its singularities. Here we clarify a few points that will show up in the definition of overtwisted families in the next subsection. This allows for more flexibility in the definition of overtwisted families which, in turn, makes working with overtwisted families easier. In particular we consider codimension 1 and 2 submanifolds of a maximally foliated submanifold \(C\) that are tangent to \(\xi\).

By way of motivation we recall the 3-dimensional situation. In particular an overtwisted disk is usually defined to be a disk \(D\) with characteristic foliation \(D_\xi\) having \(\partial D\) as a leaf and a single elliptic singularity. Alternately one could ask that there is a single elliptic singularity and \(\partial D\) is an isolated singular set. In particular the exact form of the foliation near \(\partial D\) or whether \(\partial D\) is a leaf or a singular set is irrelevant in the sense that given any overtwisted disk of a particular form near \(\partial D\) we can arrange any other suitable form. Moreover, on the level of foliations there are many types of elliptic singularities, but again the exact form is irrelevant for the definition of an overtwisted disk. We will establish similar results for the characteristic distribution.

2.2.1. **Neighborhoods of closed leaves.** Suppose \(L\) is a compact subset of the \((n + 1)\)-dimensional maximally foliated submanifold \(C\) of the contact manifold \((M, \xi)\). Further suppose \(L\) is tangent to \(\xi\) and has dimension \(n\). Thus \(L\) is a Legendrian submanifold and hence has a neighborhood contactomorphic to a neighborhood of the zero section in the jet space \(J^1(L) = T^*L \times \mathbb{R}\). And thus by Proposition 2.2 studying the characteristic distribution on \(C\) near \(L\) can be done by studying embeddings of \(L \times (-\epsilon, \epsilon)\) into \(J^1(L)\).

Now given any closed manifold \(B\) suppose that \(L = B \times S^1\) and that \(L\) has a neighborhood \(N \cong L \times [-1, 1]\) (or if \(L\) is the boundary of \(C\) then \(N \cong L \times [0, 1]\)) in \(C\) with \(L = L \times \{0\}\) and such that \(\partial(N - L)\) is transverse to the foliation \(C_\xi\) and \(N - L\) is (non-singularly) foliated by leaves of the form \(B \times \mathbb{R}\). There are two cases we wish to consider. The first is if \(L\) is also a non-singular leaf of \(C_\xi\). In this case \(N_\xi\) is determined by its holonomy which is non-trivial only in the \(S^1\) factor. It is not hard to check that any such holonomy can be realized by the foliation induced on the image of a map from \(N = B \times S^1 \times [-1, 1]\) to \(J^1(L) = T^*B \times T^*S^1 \times \mathbb{R}\) of the form \(f(p, \theta, t) = (\sigma_0(p), \tau_1(\theta), h(\theta, t))\), where \(\sigma_0\) is the zero section of \(T^*B\), \(\tau_1\) is a smooth 1-parameter family of sections of \(T^*S^1\) with \(\tau_0\) being the zero section and \(h : S^1 \times [-1, 1] \to \mathbb{R}\). Notice that arguing as in the proof of Proposition 2.2 we can see that a neighborhood of \(L\) in \(M\) can be made isomorphic to a neighborhood of the zero section in \(J^1(L)\) so that \(N\) goes to the image of the above map.
In the second case suppose \( L \) consists entirely of singular points of \( C_\xi \). Here we need to assume in addition that each leaf in \( N - L \) is asymptotic to \( B \times \{ \theta \} \subset L \) for some \( \theta \) and distinct leaves have distinct asymptotic limits. In this case \( N \) can be identified with the image of the map \( g(p, \theta, t) = (\sigma_0(p), \tau'_\xi(\theta, 0), \theta) \), where \( \tau'_\xi \) is the section of \( T^*S^1 = S^1 \times \mathbb{R} \) that sends \( \theta \) to \( (\theta, t) \).

One may easily see that, since the two different situations discussed above only differ by the mapping into \( T^*S^1 \times \mathbb{R} \), we may deform one of these into the other through maps whose images have integrable characteristic distributions and thus given an \( L' \subset \mathbb{S} \) as in either case we can replace it with the other keeping \( L \) a maximally foliated submanifold. Anytime we see an \( L \) as in one of these situations we say the leaves of \( C_\xi \) approach \( L \) nicely. This is analogous to the situation in dimension 3 where the boundary of a Seifert surface for a Legendrian knot with Thurston-Bennequin invariant 0 can be taken to be a leaf of the characteristic foliation or a circle of singularities.

**2.2.2. Singular sets.** We now consider the case of a submanifold \( S \) of \( C \) of dimension \( n - 1 \) that consists entirely of singularities of \( C_\xi \). So \( S \) is an isotropic submanifold of \((M, \xi)\). We also assume that \( S \) is an isolated singular set, that is there are no other singularities of \( C_\xi \) in some neighborhood of \( S \). We call \( S \) normally symplectic if the conformal symplectic normal bundle is trivial and \( T_pS \oplus CSN_p(S) = T_pC \) for all \( p \in S \). Thus we may find a product neighborhood \( N = S \times D^2 \) of \( S \) in \( C \) such that \( \{ p \} \times D^2 \) is tangent to the conformal symplectic normal bundle along \( S \). In this situation \( S \) has a neighborhood in \( M \) that is contactomorphic to a neighborhood of the zero section in \( T^*S \) in the contact manifold

\[
(T^*S \times \mathbb{R} \times D^2, \ker(\lambda_{can} + (dz + r^2 d\theta)))
\]

where \( z \) is the coordinate on \( \mathbb{R} \) and \( D^2 \) is the unit disk in the plane with polar coordinate \((r, \theta)\). (If this is not clear see the proof of Lemma 3.1 below.) Moreover this contactomorphism takes \( C \) to a submanifold of \( T^*S \times \mathbb{R} \times D^2 \) that is tangent to the zero section times \( D^2 \) along the zero section times \( \{(0, 0)\} \). We say \( S \) is nicely normally symplectic if \( C_\xi \) in \( T^*S \times \mathbb{R} \times D^2 \) can be parameterized by a map of the following form

\[
f(p, r, \theta) = (\sigma_0(p), g(s, r, \theta), (r, \theta))
\]

where \( \sigma_0 \) is the zero section of \( T^*S \) and \( g : (S \times D^2) \to \mathbb{R} \) is some function such that \( g_s(r, \theta) = g(s, r, \theta) \) has graph tangent to the 0 map at \((0, 0)\) for all \( s \in S \). Since \( S \) is an isolated singular set it is easy to see that the foliation induced on each \( \{ s \} \times D^2 \) has a non-degenerate singularity at the origin (since the disk is tangent to the conformal symplectic normal bundle there) and moreover the type, elliptic or hyperbolic, of the singularity cannot change for different \( p \in S \). We call \( S \) a normally elliptic singular set provided the singularity on \( \{ p \} \times D^2 \) is elliptic. Similarly, we call \( S \) a normally hyperbolic singular set provided the singularity on \( \{ P \} \times D^2 \) is hyperbolic. One may now easily check that if \( S \) is an elliptic singular set then we may isotope \( C \) near \( S \) such that \( C \) is still a maximally foliated submanifold, the topology of the leaves in \( C \setminus S \) has not changed and \( C = S \times \{ 0 \} \times D^2 \) in \( T^*S \times \mathbb{R} \times D^2 \).

**2.3. Overtwisted families.** Let \((M, \xi)\) be a contact manifold of dimension \( 2n + 1 \). An overtwisted family modeled on \( B \), a closed \((n - 1)\)-dimensional manifold, (originally called plastikstufe in [17]) is an embedding \( P = B \times D^2 \) in \( M \), where \( D^2 \) is the unit disk in \( \mathbb{R}^2 \), such that

1. the characteristic distribution \( P_\xi = TP \cap \xi \) is integrable,
2. \( B = B \times \{ (0, 0) \} \) is an isotropic submanifold and the singular set of \( P_\xi \),
3. \( B \) is a normally elliptic singular set of \( P_\xi \),
4. \( \partial P = B \times \partial D^2 \) is a leaf of \( P_\xi \),
5. all other leaves of \( P_\xi \) are diffeomorphic to \( B \times (0, 1) \), and approach \( \partial P \) nicely near one end and approach the normally elliptic singularity \( B \) at the other end.

We sometimes call \( B \) the core of the overtwisted family. It is easy to see from the discussion in the last section that we may assume that \( \partial P \) is also an isolated singular set of \( P \) with leaves nicely approaching it, since given this we can slightly perturb \( P \) near \( \partial P \) such that \( \partial P \) is a non-singular leaf of \( P_\xi \) as in the definition above.

A contact manifold \((M, \xi)\) of dimension \( 2n + 1 \) is called weakly overtwisted if it contains an overtwisted family modeled on any \((n - 1)\)-dimensional manifold. It is not clear if this is the correct generalization of
tweisted to higher dimensional manifolds, though it does have some of the properties of 3 dimensional
twisted contact manifolds; hence the adjective “weak”. In some papers this notion is referred to as
PS-twisted though we prefer to use the more descriptive term “weakly twisted”. Currently the main
evidence that this is a good generalization of 3-dimensional twisted contact structures is the following
theorem.

Theorem 2.3 (Niederkrüger 2006, [17]). If \((M, \xi)\) is a weakly twisted contact manifold then it cannot be
symplectically filled by a semi-positive symplectic manifold. If the dimension of \(M\) is less than 7 then it
cannot be filled by any symplectic manifold.

Recall that a 2\(n\)-dimensional symplectic manifold \((X, \omega)\) is called semi-positive if every element \(A \in \pi_2(X)\)
with \(\omega(A) > 0\) and \(c_1(A) \geq 3-n\) satisfies \(c_1(A) > 0\). Note all symplectic 4 and 6 manifolds are semi-positive as
are Stein and exact symplectic manifolds. It seems likely that the semi-positivity condition can be removed,
but we do not address that issue here.

2.4. Almost contact structures. Recall that an (oriented) almost contact structure is a reduction of the
structure group of a \((2n + 1)\)-dimensional manifold \(M\) to \(U(n) \times 1\), that is a splitting of the tangent bundle
\(TM = \eta \oplus \mathbb{R}\) where \(\eta\) is a \(U(n)\) bundle and \(\mathbb{R}\) is the trivial bundle. Clearly a co-oriented contact structure
induces an almost contact structure as it splits the tangent bundle into \(\xi = T \oplus \mathbb{R}\).

In dimension 3 any oriented manifold \(M\) has an almost contact structure since the tangent bundle is trivial
and the homotopy classes of almost contact structures are in one to one correspondence with homotopy classes
of oriented plane fields. In higher dimensions the situation is more difficult. It is known, for example, that
in dimensions 5 and 7 a manifold \(M\) has an almost contact structure if and only if its third integral Stiefel-
Whitney class vanishes: \(W_3(M) = 0\). See [10, 15]. Of course this condition is equivalent to the second
Stiefel-Whitney class \(w_2(M)\) having an integral lift. In dimension 5 the homotopy classes of almost contact
structures on a simply connected manifold are in one to one correspondence with integral lifts of \(w_2(M)\).
The correspondence is achieved by sending an almost contact structure to its first Chern class (recall any
\(U(n)\)-bundle has Chern classes).

2.5. Three dimensional Lutz twists and Giroux torsion. As we wish to generalize Lutz twists from the
3–dimensional setting we digress for a moment to recall this construction. Consider the contact structures
\(\xi_{std}\) and \(\xi_{ot}\) on \(S^1 \times \mathbb{R}^2\) given, respectively, by

\[ \xi_{std} = \ker(d\phi + r^2 d\theta) \]

and

\[ \xi_{ot} = \ker(\cos r \, d\phi + r \sin r \, d\theta) \]

where \(\phi\) is the coordinate on \(S^1\) and \((r, \theta)\) are polar coordinates on \(\mathbb{R}^2\). Let \(T_{std}(a)\) be the torus \(S^1 \times \{r = a\}\)
in \(S^1 \times \mathbb{R}^2\) with the contact structure \(\xi_{std}\) and \(T_{ot}(a)\) the same torus in \(S^1 \times \mathbb{R}^2\) together with the contact
structure \(\xi_{ot}\). Furthermore set \(S_{std}(a)\) to be the solid torus in \(S^1 \times \mathbb{R}^2\) bounded by \(T_{std}(a)\) with the contact
structure \(\xi_{std}\) and \(S_{ot}(a)\) the same torus with contact structure \(\xi_{ot}\). Finally set \(A_{std}(a, b) = S_{std}(b) - S_{std}(a)\)
and similarly for \(A_{ot}(a, b)\). If we are solely concerned with the solid torus or thickened torus and not the
contact structure on it we will drop the subscript from the notation. That is for example \(S(a)\) is the solid
manifold \(S^1 \times D_a\) where \(D_a\) is a disk or radius \(a\).

Given any \(b > 0\) one can use the fact that \(r \tan r\) takes on all positive values on \((\pi, \frac{5\pi}{2})\) and \((2\pi, \frac{3\pi}{2})\) to
see there is a unique \(b_1 \in [\pi, \frac{3\pi}{2})\) and \(b_2 \in [2\pi, \frac{5\pi}{2}]\) such that the characteristic foliation on \(T_{std}(b)\) is
the same as the characteristic foliation on \(T_{ot}(b_2)\) and \(T_{ot}(b_2)\). Since the characteristic foliation determines a
contact structure in the neighborhood of a surface, one can find some \(a\) with \(b - a > 0\) sufficiently small
and an \(a_1 < \frac{\pi}{2}\) and \(a_2 < \frac{3\pi}{2}\) such that there is a contactomorphism \(\psi\), respectively \(\psi'\), from \(A_{std}(a, b)\) to
\(A_{ot}(a_1, b_1)\), respectively \(A_{ot}(a_2, b_2)\). Moreover, one may explicitly construct \(\psi\) and \(\psi'\) in such a way that
\(\psi'\) preserves the \(\phi\) and \(\theta\) coordinates and \(\psi\) sends them to their negatives.

Now given a transverse curve \(K\) in a contact 3-manifold \((M, \xi)\) there is a neighborhood \(N\) of \(K\) in \(M\) that
is contactomorphic to \(S_{std}(b)\) in \((S^1 \times \mathbb{R}^2, \xi_{std})\). A half Lutz twist on \(K\) is the process of changing the contact
structure \(\xi\) by removing \(S_{std}(a) \subset N\) from \(M\) and gluing in \(S_{ot}(b_1)\) using \(\psi'\) to glue \(A_{std}(a, b) \subset (M \setminus S_{std}(a))\)
to $A_{\theta}(a_{\theta}, b_{\theta}) \subset S_{\theta}(a_{\theta})$. Similarly a Lutz twist (or sometimes called full Lutz twist) is performed by gluing $S_{\theta}(b_{\theta})$ in place of $N$ using $\psi$. The subset $S'_{\theta}(\pi)$ is called a Lutz tube.

We now review a similar construction. Consider the manifold $T^2 \times [0, 1]$ with coordinates $(\theta, \phi, r)$. A 1-form of the type $k(r) \, d\phi + l(r) \, d\theta$ will be contact if $k(r)l'(r) - k'(r)l(r) > 0$. Moreover the contact structure is completely determined, see [8, 12], by the slope of the characteristic foliation $a = \frac{k(r)}{l(r)}$ on $T^2 \times \{0\}$, the slope of the characteristic foliation $b = \frac{k'(r)}{l(r)}$ on $T^2 \times \{1\}$ and the number, $k$, of times that $\frac{k(r)}{l(r)} = a$ for $r \in (0, 1)$.

(Notice that the contact condition implies the curve $(k(r), l(r))$ is monotonically winding around the origin in $\mathbb{R}^2$ and thus that $\frac{k(r)}{l(r)}$ is monotonically decreasing with $r$, here of course slope $\infty = -\infty$ is allowed.) We say that the contact structure has Giroux torsion $\frac{k}{2}$. We denote the corresponding contact structure by $\xi^{(a,b)}_k$ and any contact form for this contact structure of the form discussed above by $\alpha^{(a,b)}_k$.

To connect this new notation to our notation above we notice that $A_{std}(a,b)$ above is contactomorphic to $(T^2 \times [0, 1], \xi^{(-a^2,-b^2)}_0)$ and $A_{std}(a,b)$ is contactomorphic to $(T^2 \times [0, 1], \xi^{(-a \tan b, -b \tan a)}_0)$ if $b - a < \pi$ or, more generally, $(T^2 \times [0, 1], \xi^{(-a \tan b, -b \tan a)}_n)$ if $n\pi < b - a < (n + 1)\pi$.

Notice that given a transverse curve $K$ as above, we can find in a neighborhood $S_{std}(b)$ of $K$ a thickened torus $T^2 \times [0, 1]$ with a contact structure $\xi_n^{(-a \tan b, -b \tan a)}$. Let $S^{2\pi}(b)$ be the solid torus with contact structure obtained from the one on $S_{std}(b)$ by replacing $\xi_0^{(-a \tan b, -b \tan a)}$ by $\xi_2^{(-\pi r^2, -\frac{4}{7})}$. It is easy to show that $S^{2\pi}(b)$ is isotopic to $S_{std}(b_{\pm \pi})$ by an isotopy fixed on the boundary. So a full Lutz twist can be achieved by replacing $S_{std}(b_0)$ with $S^{2\pi}(b)$. (One may similarly describe a half Lutz twist.) Thus we may think of performing a Lutz twist as adding Giroux torsion along a compressible torus.

We end this section by recalling that, up to contactomorphism, the tight contact structures on $T^3$ are

$$\xi_n = \ker(\alpha_n = \cos(n\phi) \, d\theta_1 + \sin(n\phi) \, d\theta_2)$$

where $(\phi, \theta_1, \theta_2)$ are the coordinates on $T^3$ and $n$ is positive, [13]. Notice that $\xi_n$ is obtained from $\xi_{n-1}$ by adding Giroux torsion.

3. Generalized Lutz twists

An isotropically parameterized family of transverse curves in a $(2n + 1)$-dimensional contact manifold $(M, \xi)$ is a smooth map

$$\psi : B \times S^1 \to M$$

such that $\psi([p] \times S^1)$ is a curve transverse to $\xi$ for all $p \in B$ and $\psi(B \times \{\phi\})$ is an isotropic submanifold of $(M, \xi)$ for all $\phi \in S^1$. We say the family is embedded if $\psi$ is an embedding. Theorem 2.1 easily yields the following result.

**Lemma 3.1.** Let $(M, \xi)$ be a contact manifold of dimension $2n+1$. Suppose we have an embedded isotropically parameterized family of transverse curves $B \times S^1$ in $(M, \xi)$, where the dimension of $B$ is $n - 1$. Moreover assume that the isotropic submanifold $B \times \{\phi\}$ has trivial conformal symplectic normal bundle. Then $B \times S^1$ has a neighborhood $N$ in $(M, \xi)$, contactomorphic to a neighborhood of the zero section in $T^* B \times S^1 \times \{(0, 0)\}$ in the contact manifold

$$(T^* B \times S^1 \times D^2, \ker(\lambda_{can} + (d\phi + r^2 \, d\theta)))$$

where $\phi$ is the angular coordinate on $S^1$, $D^2$ is the unit disk in the plane with polar coordinate $(r, \theta)$ and $\lambda_{can}$ is the canonical 1-form on $T^* B$.

**Proof.** Choose a diffeomorphism $f$ from $B \times S^1$ in $M$ to $B \times S^1$ in $T^* B \times S^1 \times D^2$ that respects the product structure. We can choose the normal bundle $\nu$ to $B \times S^1$ in both manifolds to be contained in the contact hyperplanes. As the conformal symplectic normal bundle to $B$ is trivial we have $\nu_{\xi} = \xi_{\nux} / (T_{\nux} B)^\perp \oplus \mathbb{R}^2$ and $\xi_{\nux} = T_{\nux} B \ominus \nu_{\xi}$. Thus extending our diffeomorphism $f$ to a neighborhood of $B \times S^1$ we can assume that it takes the contact hyperplanes along $B \times S^1$ in $M$ to the contact hyperplanes along $B \times S^1$ in $T^* B \times S^1 \times D^2$. In addition, we can scale our bundle map along the conformal symplectic normal direction such that it actually preserves the symplectic structure induced by the contact forms. Thus our extension of $f$ can be
assumed to preserve the exterior derivative of our contact forms along $B \times S^1$. Now Theorem 2.1 gives the desired contactomorphic neighborhoods.

A neighborhood of $B \times S^1$ as given in Lemma 3.1 is contactomorphic to $N_\epsilon \times S^1 \times D^2_0$ where $N_\epsilon$ is a neighborhood of the zero section in $T^* B$ and $D^2_0$ is a disk of radius $b$. Using the notation from Subsection 2.5, this is contactomorphic to $N_\epsilon \times S_{\text{std}}(b)$. Denote by $P$ the smooth manifold $N_\epsilon \times S(b)$ with no particular contact structure on it.

**Lemma 3.2.** There is a contact structure on $P$ that agrees with the contact structure $\ker(\lambda_{\text{can}} + (d\phi + r^2 d\theta))$ near the boundary and agrees with the one on $N_\epsilon \times S_{2\pi}(b)$ on $N_{\epsilon/2} \times S_{\text{std}}(b)$.

We define the (generalized) Lutz twist of $(M, \xi)$ along $B \times S^1$ to be the result of removing $N_\epsilon \times S_\theta$ from $M$ and replacing it with the contact structure constructed in the lemma.

We call the contact manifold $P$, with the contact structure defined in Lemma 3.2, a Lutz tube with core B. Given that there is a Lutz tube with core $B$ as claimed in Lemma 3.2 the following theorem is almost immediate.

**Theorem 3.3.** Let $(M, \xi)$ be a contact manifold of dimension $2n+1$. Suppose we have an embedded isotropically parameterized family of transverse curves $B \times S^1$ in $(M, \xi)$, where the dimension of $B$ is $n-1$. Moreover assume that the isotropic submanifold $B \times \{\phi\}$ has trivial conformal symplectic normal bundle. Then we may alter $\xi$ in any neighborhood of $B \times S^1$ to a contact structure $\xi'$ that is weakly overtwisted. Moreover there is an $S^1$-family of overtwisted families modeled on $B$ in $\xi'$.

To see how this theorem generalizes a Lutz twist in dimension 3, notice that the only possibility for a connected $B$ in a contact 3-manifold $(M, \xi)$ is $B = \{pt\}$. So the embedded isotropically parameterized family of transverse curves in this case is simply a transverse knot $K \subset M$. Clearly the Lutz tube $S_\text{ot}(\pi)$ is an $S^1$-family of overtwisted disks.

**Proof.** The modification mentioned in the theorem is, of course, a (full) Lutz twist. It is clear that this can be performed in any arbitrarily small neighborhood of $B \times S^1$. We are left to check that we have an $S^1$-family of the embedded overtwisted families modeled on $B$, but this is obvious as one easily checks that $B \times \{\phi\} \times D^2_\epsilon$, where $B$ is thought of as the zero section of $T^* B$, is an overtwisted family modeled on $B$ for each $\phi \in S^1$ contained in $P$. \hfill $\Box$

3.1. **Preliminaries for constructing a Lutz tube with the core B.** The purpose of this section is to motivate as well as set up the preliminaries for the proof of Lemma 3.2 which will establish the existence of the Lutz tube with core $B$. We start by setting up some preliminary notation (and will use notation established in Subsection 2.5).

Suppose we are given the standard contact structure $\xi_{\text{std}} = \ker \alpha_{\text{std}}$, where $\alpha_{\text{std}} = d\phi + r^2 d\theta$ on $S(\delta) = S^1 \times D^2_\delta$. We can choose $0 < \delta'' < \delta' < \delta$ and set

$$\alpha_{\text{ot}} = \ker(k(r) d\phi + l(r) d\theta)$$

where $k$ and $l$ are chosen such that $l'(r)k(r) - k'(r)l(r) > 0$, $k(r) = 1$ and $l(r) = r^2$ for $r \in [0, \delta''] \cup [\delta', \delta]$ and the curve $(k(r), l(r))$ winds around the origin once as $r$ runs from $0$ to $\delta$.

Let $N_\epsilon(Z)$ be a neighborhood of the zero section $Z \subset T^* B$ and denote the Liouville form by $\lambda_{\text{can}}$. Choose some $0 < \epsilon'' < \epsilon < \epsilon'$. Recall we want to replace $\ker(\lambda_{\text{can}} + \alpha_{\text{std}})$ on $N_{\epsilon''} \times S(\delta)$ with $\ker(\lambda_{\text{can}} + \alpha_{\text{ot}})$.

We begin to define a contact structure $\xi$ on $N_\epsilon \times S(\delta)$ as follows.

$$\xi = \begin{cases} \ker(\lambda_{\text{can}} + \alpha_{\text{std}}) & \text{on } (N_\epsilon - N_{\epsilon'}) \times S(\delta) \cup (N_\epsilon \times A(\delta', \delta)) \cup (N_\epsilon \times S(\delta'')) \\ \ker(\lambda_{\text{can}} + \alpha_{\text{ot}}) & \text{on } N_{\epsilon''} \times S(\delta). \end{cases}$$

The left hand side of Figure 1 shows the region where the contact structure is already defined. Notice that $\ker(\lambda_{\text{can}} + \alpha_{\text{std}})$ and $\ker(\lambda_{\text{can}} + \alpha_{\text{ot}})$ agree on $N_{\epsilon''} \times A(\delta', \delta)$ and on $N_{\epsilon''} \times S(\delta'')$ and thus $\xi$ is well defined where it is defined. Notice that in the case when $B$ is a point we have already defined the contact structure...
The contact form is given by $\ker(\lambda_{can} + \alpha_{std})$ and the darker shaded regions are where it is given by $\ker(\lambda_{can} + \alpha_{ot})$. The contact structure needs to be extended over the unshaded regions. On the right is the $rt$-coordinates of the manifold $(N_r - N_{r''}) \times A(\delta'', \delta')$ written as $W \times [a, b] \times [\delta'', \delta'] \times S^1 \times S^1$. The lighter shaded region is where the contact form is given by $\lambda + e^t \alpha_{ot}$ and on the darker shaded region the contact form is given by $\lambda + e^t \alpha_{ot}$. The contact structure needs to be extended over the unshaded region.

Figure 1. On the left is the manifold $N_r \times S_b$. The lighter shaded regions are where the contact form is given by $\ker(\lambda_{can} + \alpha_{ot})$ and the darker shaded regions are where it is given by $\ker(\lambda_{can} + \alpha_{ot})$. The contact structure needs to be extended over the unshaded regions. On the right is the $rt$-coordinates of the manifold $(N_r - N_{r''}) \times A(\delta'', \delta')$ written as $W \times [a, b] \times [\delta'', \delta'] \times S^1 \times S^1$. The lighter shaded region is where the contact form is given by $\lambda + e^t \alpha_{ot}$ and on the darker shaded region the contact form is given by $\lambda + e^t \alpha_{ot}$. The contact structure needs to be extended over the unshaded region.

on all of $P$ and it clearly corresponds to the (full) Lutz twist. When $B$ has positive dimension we claim that $\xi$ may be extended over the rest of $N_r \times S(\delta)$. That is we need to extend $\xi$ over $(N_r - N_{r''}) \times A(\delta'', \delta')$.

To this end we notice that if we denote by $\lambda$ the 1–form $\lambda_{can}$ restricted to the unit cotangent bundle $W$ of $T^*B$ and then there is a diffeomorphism from $(N_r - N_{r''}) \times [e'', e']$ to $(N_r - N_{r''}) \times (e', e'') \times W$ that takes the 1–form $\lambda_{can}$ to $t\lambda$, where $t$ is the coordinate on $[e'', e']$. Moreover, $A(\delta'', \delta') = S^1 \times (D_{\delta''} - D_{\delta'})$ can be written $S^1 \times [\delta'', \delta'] \times S^1$, with coordinates $(\phi, r, \theta)$. Setting $a = -\ln e'$ and $b = -\ln e''$ we can write $(N_r - N_{r''}) \times A(\delta'', \delta')$ as $W \times [a, b] \times [\delta'', \delta'] \times S^1 \times S^1$. This identification is orientation preserving where we have sent $t$ to $e^{-t}$ and the last three coordinates are $(r, \theta, \phi)$. Near $t = a, t = b$ and $r = \delta'', \delta'$ we have (the germ of) a contact form defined as the kernel of $e^{-t}\lambda + \alpha$ where $\alpha$ is either $\alpha_{std}$ or $\alpha_{ot}$. Of course this contact structure is also defined by $\lambda + e^t \alpha$. So we see that we need to construct a contact structure on $(N_r - N_{r''}) \times A(\delta'', \delta')$ that is equal to the kernel of $\lambda$ plus the symplectization of $\alpha_{std}$ near $t = a$ and $r = \delta'', \delta'$ and equal to the kernel of $\lambda$ plus the symplectization of $\alpha_{ot}$ near $t = b$. See the right hand side of Figure 1.

More specifically we can assume that the neighborhoods where $\alpha_{ot}$ and $\alpha_{std}$ agree and the coordinates on $S^1 \times S^1$ are chosen in such a way that near $\{a\} \times [\delta'', \delta'] \times S^1 \times S^1$ the 1–form is diffeomorphic to $e^t \alpha_{ot}(0, \infty)$. (See Section 2.5 for the notation being used here.) Similarly near $\{b\} \times [\delta'', \delta'] \times S^1 \times S^1$ the 1–form is diffeomorphic to $e^t \alpha_{ot}(0, \infty)$.

Now to motivate a possible approach for extending the contact structure $\xi$ over all of $N_r \times S(\delta)$, we notice that if we could construct an exact symplectic structure $d\beta$ on $[0, 1] \times [0, 1] \times T^2$ such that near $\{0\} \times [0, 1] \times T^2$ the 1–form $\beta = e^t \alpha_{ot}(0, \infty)$, near $\{1\} \times [0, 1] \times T^2$ we have $\beta = e^t \alpha_{ot}(0, \infty)$ and near $[0, 1] \times \{0, 1\} \times T^2$ the vector field $\frac{\partial}{\partial t}$ is an expanding vector field for $d\beta$ then we could extend $d\beta$ to an exact symplectic structure on $\mathbb{R} \times [0, 1] \times T^2$ that looks like the symplectization of $\alpha_{ot}(0, \infty)$ for negative $t$ and like the symplectization of $\alpha_{ot}(0, \infty)$ for $t$ larger than 1. By rescaling the exact symplectic form if necessary and choosing $a$ and $b$ sufficiently far apart (notice we can clearly do this as $N_r$ minus the zero section is exact symplectomorphic to $(-\infty, c) \times W$ for some $c$) there will be some subset of $W \times \mathbb{R} \times [0, 1] \times T^2$ with contact form $\lambda + \beta$ that has a neighborhood of its boundary contactomorphic to a neighborhood of the boundary of $W \times [a, b] \times [\delta'', \delta'] \times S^1 \times S^1$. Of course it is well known that such an exact symplectic cobordism (even non-exact) cannot exist as it would allow one to construct symplectic fillings of overtwisted contact structures. But we will show below that
there is a contact structure on \( W \times [0, 1] \times [0, 1] \times T^2 \) that looks like this one near the boundary and hence we can finish the argument as above.

3.2. A construction of a Lutz tube with the core \( B \). From the discussion at the end of the last section it is immediate that Lemma 3.2, and hence the existence of a Lutz tube with core \( B \), will be established once we demonstrate the following lemma.

**Lemma 3.4.** In the notation of Section 2.5, there is a contact structure on \( W \times ([0, 1] \times [0, 1]) \times T^2 \) such that the following properties are satisfied:

1. near \( W \times \{0\} \times [0, 1] \times T^2 \) and \( W \times [0, 1] \times \{0\} \times T^2 \) the contact structure is contactomorphic to \( \lambda + e^t \alpha'_0 (0, \infty) \), and

2. near \( W \times \{1\} \times [0, 1] \times T^2 \) the contact structure is contactomorphic to \( \lambda + e^t \alpha'_2 (0, \infty) \).

We establish Lemma 3.4 by first considering a similar lemma for the manifold \( W \times [0, 1] \times T^3 \). Here the new manifold can be thought of as being obtained from the old one by identifying the boundary of \([0, 1] \times T^2 \) by the identity. Once we prove the lemma stated below, Lemma 3.4 will follow by removing a suitable portion of the manifold \( W \times [0, 1] \times T^3 \).

**Lemma 3.5.** There exists a contact structure on \( W \times ([0, 1] \times S^1) \times T^2 \) such that near one boundary component \( W \times \{0\} \times S^1 \times T^2 \) the contact structure is contactomorphic to \( \lambda + e^t \alpha_1 \) and near the boundary component \( W \times \{1\} \times S^1 \times T^2 \) it is contactomorphic to \( \lambda + e^t \alpha_2 \). Here \( \alpha_1 \) and \( \alpha_2 \) are the contact forms on \( T^3 \) defined in Section 2.5.

**Proof.** Consider \( \mathbb{R}^2 \times T^2 \) with coordinates \((p_1, p_2, \theta_1, \theta_2)\). The 1–form \( \beta = p_1 d\theta_1 + p_2 d\theta_2 \) is the primitive of the symplectic form \( d\beta \) on \( \mathbb{R}^2 \times T^2 \). Moreover given any point \( p \in \mathbb{R}^2 \) the lift of the radial vector field \( v_p \) centered at \( p \) in \( \mathbb{R}^2 \) to \( \mathbb{R}^2 \times T^2 \) is an expanding vector field for \( d\beta \). Let \( X \) be this disk of radius, say, 10 in \( \mathbb{R}^2 \times T^2 \), and let \( p = (5, 0) \in \mathbb{R}^2 \). The expanding vector field \( v_p \) is transverse to \( \partial X \) so \( \partial X = T^3 \) is a hypersurface of contact type. Note \( T^3 \) in this context is naturally thought of as \( S^1 \times T^2 \) with coordinates \((\phi, \theta_1, \theta_2)\). The contact structure induced on \( \partial X \) is easily seen to be \( f(\phi) d\theta_1 + g(\phi) d\theta_2 \) where \((f(\phi), g(\phi))\) parameterize an ellipse about the origin in \( \mathbb{R}^2 \). Thus the contact structure on \( T^3 \) is the unique strongly fillable contact structure \( \xi_1 \) on \( T^3 \) (of course this is also obvious since \( X \) is a strong filling of the contact structure). Similarly if \( X' \) is a disk of radius one about \( p \) times \( T^2 \) then it is also a strong symplectic filling of \( (T^3, \xi_1) \). Moreover, \( \overline{X} - X' \) is an exact symplectic cobordism from the symplectization of \( (T^3, \xi_1) \) (this is the boundary component of \( \overline{X} - X' \) coming from the boundary of \( X' \)) to the symplectization of \( (T^3, \xi_1) \) (this is the boundary component of \( \overline{X} - X' \) that is also the boundary of \( X \)). See the left hand side of Figure 2.

![Figure 2](image-url)  
**Figure 2.** The disks \( X \) and \( X'' \) in the \( p_1 p_2 \)-plane are shown on the left, together with the point \( p \) and the curves \( \gamma_1 \) and \( \gamma_2 \) used in the proof of Lemma 3.4. On the right the \( p_1 p_2 \)-part of \( Y' \) and \( X'_1 \) is shown. The entire shaded region is the \( p_1 p_2 \)-part of \( Y'' \). The lighter shaded region is the \( p_1 p_2 \)-part of the manifold \( C \) constructed in the proof of Lemma 3.4.

Let \( Y = W \times X \) and \( \eta = \lambda + \beta \). Clearly \( \eta \) is a contact form on \( Y \). We now need an auxiliary observation whose proof we give below.

Lemma 3.6. In any open neighborhood of $S = W \times \{(0,0)\} \times T^2$ in $Y$, $S$ may be isotoped such that it is a contact submanifold of $Y$.

It is well known, and easy to prove [7], that if $\pi : Y' \to Y$ is the two-fold cover branched over a contact submanifold $S$ then $Y'$ has a contact structure that agrees with the pullback contact structure away from the neighborhood of the branch locus. We briefly recall this construction as the details will be needed below. If $\alpha$ is a contact form on $Y$ then $\pi^*\alpha$ is a contact form on $Y'$ away from the branch locus. Near the branch locus let $\gamma$ be a connection 1–form on the normal circle bundle and let $f : Y' \to \mathbb{R}$ be a function that is 1 near the branch locus, zero outside a slightly larger neighborhood and radially decreasing in between. For small $\epsilon$ the form $\pi^*\alpha + \epsilon f(d(x))^2\gamma$ where $d(x)$ is the distance from $x$ to the branch locus, can easily be shown to be contact. Set $Y'' = Y' - X'_1$ where $X'_1$ is one of the two connected components of $\pi^{-1}(W \times X')$. See the right hand side of Figure 2.

Notice that $\partial Y''$ has two components $B_1 \cup B_2$. A neighborhood of one of them, $B_1$, say, is also the boundary of $W \times X'_1$ and it is clearly contactomorphic to $W \times [0,1] \times T^3$ with the contact form $\lambda + \epsilon'\alpha_1$ and $B_1 = W \times \{0\} \times T^3$. The other boundary component $B_2$ is also the boundary of $Y'$ and has a neighborhood contactomorphic to $W \times [0,1] \times T^3$ with contact form $\lambda + \epsilon'\alpha_2$ and $B_2 = W \times \{1\} \times T^3$. Thus $Y''$ is the desired contact manifold. 

We now establish our auxiliary lemma.

Proof of Lemma 3.6. We adapt a construction from [1]. In particular see that paper for more on open book decompositions, but briefly an open book decomposition of a manifold $M$ is a codimension two submanifold $N$ with trivial normal bundle together with a locally trivial fibration $\pi : (M - N) \to S^1$ such that the closure of the fibers are submanifolds of $M$ whose boundaries are $N$. A contact structure $\xi$ is supported by the open book decomposition if there is a contact 1–form $\alpha$ such that $\alpha$ is contact when restricted to $N$ and $d\alpha$ is a symplectic form on the fibers of $\pi$. In addition, we also need the orientation induced on $N$ by $\alpha$ and on $N$ by the fibers, which are in turn oriented by $d\alpha$, to agree. As every contact structure $\xi$ on $M$ has an open book decomposition supporting it, [9], it was shown in [1] that one can use this structure to construct a contact structure on $M \times T^2$. We show that the construction in that paper can be used to give the desired embedding of $W \times T^2$ into $Y$.

Let $(B, \pi)$ be an open book decomposition of $W$ that supports the contact structure ker $\lambda$. So $\pi : (W - B) \to S^1$ is a fiber bundle. Choose a function $f : [0, \infty) \to \mathbb{R}$ that is equal to the identity near 0, increasing near 0 and then constant. Fixing a metric on $W$, let $\rho$ be the distance function from $B$ and set $F : W \to \mathbb{R}^2$ to be $F(x) = f(\rho(x))\pi(x)$. Denote the coordinate functions of $F$ by $F_1$ and $F_2$. (Even though $\pi(x)$ is not defined for $x \in B$ we can still define $F(x)$ since $f(\rho(x)) = 0$ there.) We define the embedding of $W \times T^2$ into $W \times X'$ by,

$$\Phi(x, \theta_1, \theta_2) = (x, F_1(x), F_2(x), \theta_1, \theta_2).$$

Notice that $\Phi^*(\lambda + \beta) = \lambda + F_1(x) d\theta_1 + F_2(x) d\theta_2$. One may easily check that this is a contact form, or see [1].

We finish the proof of Lemma 3.2 by establishing Lemma 3.4.

Proof of Lemma 3.4. Set $\gamma_i = \{(p_1, p_2) : p_1 = 5, p_1 \geq 0\} \cap X$ and $\gamma_2 = \{(p_1, p_2) : p_1 = 5, p_1 \leq 0\} \cap X.$ Notice that $\gamma_i, i = 1, 2$, is a flow line of $v_\rho.$ We consider the lift of $H_i = W \times \gamma_i \times T^2$ to $Y'$ that intersects $X'_1$. Let $C$ be the closure of the component of $Y'' - (H_1 \cup H_2)$ containing the branch locus. Notice that topologically $C$ is $W \times [0,1] \times [0,1] \times T^2.$ One easily sees that a neighborhood of $W \times \{0\} \times [0,1] \times T^2$ is contactomorphic to the kernel of $\lambda$ plus the symplectization of the 1–form $\alpha_0(0,\infty)$ on $[0,1] \times T^2$. Similarly a neighborhood of $W \times \{1\} \times [0,1] \times T^2$ is contactomorphic to the kernel of $\lambda$ plus the symplectization of the 1–form $\alpha_2(0,\infty)$. Moreover near $W \times [0,1] \times \{0,1\} \times T^2$ the contact form is $\lambda$ plus an exact symplectic form and we can assume the lift of $v_\rho$ to $Y'$ gives the $t$ coordinate (that is the coordinate on the first interval factor). Thus it is an expanding vector field for the symplectic structure. This completes the proof.
4. From isotropic submanifolds to parameterized families of transverse curves

In this section we prove our main theorem concerning Lutz twists by finding an embedded isotropically parameterized family of transverse curves given an isotropic submanifold of dimension \( n - 1 \) in a \((2n + 1)\)-dimensional contact manifold.

**Lemma 4.1.** Let \((M, \xi)\) be a contact manifold of dimension \( 2n + 1 \). If \(B\) is an \((n - 1)\)-dimensional isotropic submanifold of a contact manifold \((M, \xi)\) with trivial conformal symplectic normal bundle then \(B\) has a neighborhood contactomorphic to a neighborhood of the zero section of \(T^*B\) in the contact manifold

\[
(T^*B \times \mathbb{R}^3, \ker(\lambda_\text{can} + (dz + r^2 d\theta))),
\]

where \((r, \theta, z)\) are cylindrical coordinates on \(\mathbb{R}^3\) and \(\lambda_\text{can}\) is the canonical 1–form on \(T^*B\).

**Proof.** By Proposition 2.2 we know that the conformal symplectic normal bundle of an isotropic submanifold determines the contact structure in a neighborhood of the submanifold. The lemma follows as the zero section of \(T^*B\) sitting inside \(T^*B \times \mathbb{R}^3\) clearly has trivial conformal symplectic normal bundle (in fact it can be readily identified with \(\ker(dz + r^2 d\theta)\) in \(T\mathbb{R}^3 \subset T(T^*B \times \mathbb{R}^3)\) which along the zero section is just the \(r\theta\)–plane in \(\mathbb{R}^3\)). \(\square\)

Suppose \(B\) is an \((n - 1)\)-dimensional isotropic submanifold of a contact manifold \((M, \xi)\) with trivial conformal symplectic normal bundle. Let \(N\) be the neighborhood of \(B\) in \(M\) that is contactomorphic to a neighborhood of the zero section in \(T^*B \times \mathbb{R}^3\) given in Lemma 4.1. If \(K\) is any transverse curve in \((D^3, \ker(dz + r^2 d\theta))\) then consider \(B' = B \times K\) in \(T^*B \times D^3 \cong N \subset M\) where we are thinking of \(B\) as the zero section of \(T^*B\). Clearly \(B'\) is an embedded isotropically parameterized family of transverse curves.

We are now ready to prove our main result.

**Proof of Theorem 1.1.** Given an \((n - 1)\)-dimensional isotropic submanifold \(B\) of \((M, \xi)\) with trivial conformal symplectic normal bundle, Lemma 4.1 and the discussion above yield the desired embedded isotropically parameterized family of transverse curves \(B' = S^1 \times B\) in any arbitrarily small neighborhood of \(B\). Theorem 3.3 now allows us to perform a generalized Lutz twist on \(B'\).

In order to show that the homotopy class of almost contact structure is unchanged during this operation we will construct a 1–parameter family of almost contact structures that starts with the contact structure obtained by performing a generalized Lutz twist and ends with the original contact structure. The homotopy will be through conflations. In the construction we use the notation from Subsection 3.1 and the proof of Lemma 3.6. We will break the argument into three steps. In the first step we isotope the Lutz twisted contact structure (all isotopies will be through almost contact structures) to a confoliation on \(M\) that is contactomorphic to a neighborhood of the zero section of \(T^*B\) in the contact manifold \((T^*B \times \mathbb{R}^3, \ker(\lambda_\text{can} + (dz + r^2 d\theta)))\). Thus \(T^*B\) is a neighborhood contactomorphic to a neighborhood of the zero section of \(T^*B\) in the contact manifold \((T^*B \times \mathbb{R}^3, \ker(\lambda_\text{can} + (dz + r^2 d\theta)))\), where \((r, \theta, z)\) are cylindrical coordinates on \(\mathbb{R}^3\) and \(\lambda_\text{can}\) is the canonical 1–form on \(T^*B\).

**Step 1:** In this step we isotope our contact structure to a confoliation on \(W \times [a, b] \times [\delta''', \delta'] \times T^2\) that is given as the kernel of a particularly simple 1–form. To this end we set \(S_s\) to be the embedding of \(W \times T^2\) into \(Y\) given by

\[
\Phi_s(x, \theta_1, \theta_2) = (x, sF_1(x), sF_2(x), \theta_1, \theta_2),
\]

where we use the notation from Lemma 3.6. Using a Riemannian metric on \(Y\) we can extend this to a 1–parameter family of embeddings of the normal disk-bundle \(W \times T^2 \times D^2\) into \(Y\). (Notice that we can assume each of the disk-bundles have the same radius \(r < 1\).) Let \(\pi_s : Y'_s \rightarrow Y\) be the two fold branched cover of \(Y\) over \(S_s\). We have the 1–parameter family of 1-forms \(\alpha_s = \pi'_s \alpha\) on \(Y'\). Fix a function \(f : [0, 1] \rightarrow [0, 1]\) that is 1 near 0, 0 past \(r\) and decreasing elsewhere. Let \(\zeta_s = f(d_s(x))(d_s(x))^2\gamma_s\) where \(d_s : Y' \rightarrow \mathbb{R}\) is the distance from the branch locus of \(\pi_s\), and \(\gamma_s\) is the connection 1–form on the normal disk bundle to the branch locus. We can extend \(\zeta_s\) to all of \(Y'\) and they will be a smooth family of 1–forms. As discussed above, or see [7], for small enough \(c_s\) the 1–form \(\alpha_a + c_s \zeta_s\) will be contact for \(s \neq 0\). We can choose the \(c_s\) smoothly so that they are decreasing with \(s\) and \(c_0 = 0\). Thus \(\xi_s = \ker(\alpha_s + c_s \zeta_s)\) is a 1–parameter family of hyperplane
fields on $Y'$ that are contact for $s \neq 0$ and give a conflation for $s = 0$. We claim that $\xi_0$ has an almost complex structure that makes it into an almost contact structure that is homotopic through almost contact structures to the almost contact structures on $\xi_s$ for $s \neq 0$. To see this fix a metric on $Y'$ and let $v$ be the (oriented) unit normal vector to $\xi_0$. Since $\xi_s$ is a smooth family of hyperplane fields there is some small $s$ such that $\xi_s$ is also transverse to $v$. We can now project $\xi_s$ along $v$ onto $\xi_0$. This projection will be a bundle isomorphism $\xi_s \to \xi_0$ thus we can use it to define an almost complex structure on $\xi_0$. Similarly if we take $\xi'_u = (1 - u)\xi_s + u\xi_0$, for $u \in [0, 1]$, then we can use this projection to define an almost complex structure on $\xi'_u$ for all $u$. That is $\xi_0$ with this almost complex structure is homotopic through almost contact structures to $\xi_s$. We notice that $\alpha_0$ is $\lambda + \beta$ where $\beta$ is a 1–form on $D^2 \times T^2$. (Recall $Y' = W \times D^2 \times T^2$.) So $\xi_0$ can be decomposed as $\xi' \oplus D$ where $D$ is a 4–dimensional distribution. The projection map $p : Y' \to D^2 \times T^2$ maps $D$ isomorphically onto the tangent space of $D^2 \times T^2$. We can use this isomorphism to put an almost complex structure on $D^2 \times T^2$ which will be used below.

We have homotoped our contact structure to an almost contact structure on $W \times [a, b] \times [\delta'', \delta'] \times T^2$ that is given as the kernel of $\lambda + \beta$, but notice that the homotopy is fixed near the boundary of our manifold so this is a homotopy of almost contact structures on our entire manifold.

**Step 2:** We will further homotope the almost contact structure on $W \times [a, b] \times [\delta'', \delta'] \times T^2$ to be $\lambda + \epsilon'\alpha_{\text{std}}$. For this consider the 1–parameter family of 1–forms $\beta_s = \lambda + \epsilon'(s\alpha_{\text{std}} + (1 - s)\beta)$. Notice that $\xi_s = \ker \beta_s$ is always a hyperplane field and $\xi_s = \xi' \oplus D_s$ where $\xi' = \ker \lambda$ is the contact structure on $W$ and $D_s$ is a 4–dimensional distribution. Moreover if $p : W \times [a, b] \times [\delta'', \delta'] \times T^2 \to [a, b] \times [\delta'', \delta'] \times T^2$ is the projection, then $dp$ is an isomorphism from $D_s$ to the tangent space of $[a, b] \times [\delta'', \delta'] \times T^2$. We can use this isomorphism to induce an almost complex structure on $D_s$ for all $s$ and thus $\xi_s$ is an almost contact structure (as $\xi'$ clearly has an almost complex structure since it is contact).

**Step 3:** We are left to extend the homotopy above over the region $N_{\epsilon''} \times S(\delta)$. Notice that we can assume that there is some $\eta$ such that

$$W \times [a, a + \eta] \times [\delta'', \delta'] \times T^2 = (W \times [a, b] \times [\delta'', \delta'] \times T^2) \cap (N_{\epsilon''} \times S(\delta)).$$

Thus we already have our homotopy defined on part of $N_{\epsilon''} \times D_\delta$. If we consider consider the 1–forms $\beta_s = \lambda_{\text{can}} + (s\alpha_{\text{std}} + (1 - s)\alpha_{\text{ot}})$ then $\xi_s = \ker \beta_s$ is always a hyperplane field that extends the above homotopy. Moreover $\xi_s = \xi' \oplus D_s$, where $\xi' = \ker \lambda_{\text{can}}$ and $D_s$ is a 3–dimensional distribution. Notice that since $\alpha_{\text{ot}}$ and $\alpha_{\text{std}}$ agree near the center of the disk and near the boundary of the disk the form $\beta_s$ is fixed there. Moreover $(s\alpha_{\text{std}} + (1 - s)\alpha_{\text{ot}})$ is clearly contact for $s$ near 0 and 1. We notice that it is easy to choose a nonzero vector $v_s$ in the tangent space to $S^1 \times D^2$ that agrees with the Reeb field of $(s\alpha_{\text{std}} + (1 - s)\alpha_{\text{ot}})$ wherever the form $(s\alpha_{\text{std}} + (1 - s)\alpha_{\text{ot}})$ is contact. (Indeed, consider $S^1 \times D^2 \times [0, 1]$, the last interval factor is the parameter space. The vector field $v_s$ defined near the boundary of this space and near $S^1 \times \{(0, 0)\} \times \{0\}$ so we need to extend it over a space diffeomorphic to $S^1 \times S^1 \times D^2$ when the field defined near the boundary. Moreover notice that the vector field defined so far is invariant under the rotations in the first $S^1$. It is now clear $v_s$ can be extended.) We can use $v_s$ to induce a non-zero vector field in $D_s$ and thus we can write $D_s$ as $D'_s \oplus \mathbb{R}$ where $\mathbb{R}$ is a trivial line bundle and $D'_s$ is an oriented plane field. Notice also that $\xi'$ can be split as $\xi'' \oplus \mathbb{R}$ where $\mathbb{R}$ is a trivial bundle. This is because $d\lambda_{\text{can}}$ on $N_{\epsilon}$ defines a $U(n - 1)$–bundle structure on the $2n - 1$ dimensional bundle $\xi'$. We now have an almost complex structure on $\xi_s$ given by the one on $\xi''$ induced by $d\lambda_{\text{can}}$, the unique one on $D'_s$ coming from the orientation on the plane field and the unique one on the trivial plane field $\mathbb{R} \oplus \mathbb{R}$. It is clear that where $\beta_s$ is contact this almost complex structure agrees with the one induced by $d\beta_s$. Thus we see this is a homotopy of almost contact structures and our proof is complete.

Using Theorem 1.1 we may now easily show all manifolds admitting contact structures admit weakly overtwisted ones.

**Proof of Theorem 1.2.** Let $\xi$ be a contact structure on $M$. In a Darboux ball inside of $M$ with coordinates $(x_1, \ldots, x_n, y_1, \ldots, y_n, z)$ and contact structure $\ker(dz + \sum y_i dx_i)$ take a unit sphere $B$ in the $\{x_i\}$–subspace. It is clear that $B$ is an isotropic submanifold of $M$ with trivial conformal symplectic normal bundle. Thus
we may apply Theorem 1.1 to alter \( \xi \) to a contact structure containing an overtwisted family parameterized by \( B \).

The statement about finding an overtwisted family with any core is proven in Theorem 5.6 below.

**Proof of Theorem 1.3.** Let \( \xi = \ker(dz - \sum_{i=1}^n y_i dx_i) \) be the standard contact structure on \( \mathbb{R}^{2n+1} \) where we are using Cartesian coordinates \((x_1, y_1, \ldots, x_n, y_n, z) \). Let \( \xi' \) be the result of performing a Lutz twist along some embedded isotropically parameterized family of transverse curves contained in some compact ball in \( \mathbb{R}^{2n+1} \).

Let \( B_\epsilon \) be a ball of radius \( \frac{1}{\epsilon} \) about the integral points on the \( z \)-axis and let \( \xi'' \) be the result of performing a Lutz twist along some embedded isotropically parameterized family of transverse curves contained in each of the \( B_\epsilon \). Clearly \( \xi \) can be contact embedded in any contact \( 2n + 1 \) manifold (by Darboux’s theorem), but neither \( \xi' \) nor \( \xi'' \) can be embedded in a Stein fillable contact structure (like the standard contact structure on \( S^{2n+1} \)), thus they are not contactomorphic to \( \xi \). Finally notice that \( \xi' \) has the property that any compact set in \( \mathbb{R}^{2n+1} \) is contained in another compact set whose complement can be embedded in any contact manifold, whereas \( \xi' \) does not have this property. Thus \( \xi' \) is not contactomorphic to \( \xi'' \).

**Remark 4.2.** From Lemma 4.1 it is almost immediate that we can construct a contact structure on \( \mathbb{R}^{2n+1} \) which has an embedded overtwisted family modeled on any core which is parameterized by a closed embedding of \( \mathbb{R} \). This is analogous to the unique “overtwisted at infinity” contact structure \( \ker(\cos r \, dz + r \sin r \, d\theta) \) on \( \mathbb{R}^3 \) obtained by performing a “Lutz twist along the \( z \)-axis” in three dimension. In [18] a contact structure on \( \mathbb{R}^{2n+1} \) is constructed which contains a generalized overtwisted family at infinity (termed a generalized plastikstufe in that paper). With this in mind, it would be interesting to know the answer to the following question:

**Question 4.3.** Is there a unique contact structure on \( \mathbb{R}^{2n+1} \) which contains an embedded overtwisted family parameterized by \( \mathbb{R} \) in the complement of any compact subset of \( \mathbb{R}^{2n+1} \).

## 5. Further Discussion

In this section we discuss how Lutz twists affect the homotopy class of almost contact structures and which submanifolds of a contact manifold can be the core of an overtwisted family (that is, contact submanifolds can be the elliptic singularity of an overtwisted family).

### 5.1. Generalized half Lutz twists

It is interesting to observe that the branched cover construction in Lemma 3.2 cannot be used to perform a half Lutz twist. However one can modify that construction to perform a half Lutz twist at the expense of changing the topology of the ambient manifold.

Let \((M, \xi)\) be a contact manifold of dimension \(2n+1\) and let \(B\) be an \((n-1)\)-dimensional isotropic submanifold with trivial conformal symplectic normal bundle. According to the discussion in Section 4 we can, in any neighborhood of \(B\), find a contact embedding of a neighborhood \(N_x \times S_{st}(b)\) in \(M\) where \(N_x\) is a neighborhood of the zero section in \(T^*B\) and \(S_{st}(b)\) is the solid torus with contact structure from Section 2.5. Let \(W\) be the unit conormal bundle for \(B\) in \(T^*B\) which we may think of as a submanifold of the neighborhood above. Taking an \(S^1\) from the \(S_{st}(b)\) factor we see an embedding of \(W \times S^1\) in the above neighborhood. The submanifold \(W \times S^1\) has a neighborhood \(W \times S^1 \times D^3\) in \(M\). Let \(M'\) be the manifold obtained from \(M\) by removing \(W \times S^1 \times D^3\) and gluing in its place \(N_x \times S^1 \times S^2\).

**Proposition 5.1.** Let \((M, \xi)\) be a contact manifold of dimension \(2n+1\) and let \(B\) be an \((n-1)\)-dimensional isotropic submanifold with trivial conformal symplectic normal bundle. With the notation above we may extend \(\xi|_{M-(N_x \times S_{st}(b))}\) over \(M'\) to obtain a contact structure \(\xi'\) such that for some \(\epsilon'' < \epsilon\) the contact structure \(\xi''\) on \(N_x \times S_{st}(b)\) is contactomorphic to \(N_x \times S_{st}(b')\).

**Proof.** Following the outline in Subsection 3.1 we can define the desired contact structure on \(N_x \times S(b)\) everywhere except on \(W \times [a, b] \times [\delta''', \delta'] \times S^1 \times S^1\). In the paper [6], Gay and Kirby construct an exact near symplectic structure on \([a, b] \times [\delta''', \delta'] \times S^1 \times S^1\) that can be used as described at the end of Subsection 3.1 to try to extend the contact structure on all of \(N_x \times S(b)\). More precisely, there is a 1-form \(\beta\) such that \(d\beta\) is symplectic on \([a, b] \times [\delta''', \delta'] \times S^1 \times S^1\) away from a curve \(\{c, d, \theta\} \times S^1\), where \(c \in (a, b), d \in (\delta''', \delta')\) and \(\theta \in S^1\). Thus \(\lambda + \beta\) is a contact form on \(W \times [a, b] \times [\delta''', \delta'] \times S^1 \times S^1\) away from \(W \times \{(c, d, \theta)\} \times S^1\) and...
has the necessary boundary conditions to glue to the desired contact structure. Let $U$ be a neighborhood of $W \times \{c,d,\theta\} \times S^1$. It is shown in [6] that a neighborhood of the boundary of $U$ is contactomorphic to $W \times [x,y] \times S^1 \times S^2$ with the contact form $\lambda + e^t\alpha'$ where $\alpha'$ is a contact form on $S^1 \times S^2$ giving the minimally overtwisted contact structure (that is the one in the same homotopy class of plane fields as the foliation of $S^1 \times S^2$ by $S^2$’s). Consider $U$ as $[-y,-x] \times W \times S^1 \times S^2$ where we use the identity diffeomorphism on most factors and $t \mapsto -t$ on the interval factor. Notice this is an orientation preserving diffeomorphism and the contact form in these coordinates can be taken to be $e^t\lambda + \alpha'$. Now we can glue in a neighborhood of the zero section in $T^*B$ times $S^1 \times S^2$ and extend the contact structure over this (using $\lambda_{can} + \alpha'$).

**Question 5.2.** Is there a way to perform a half Lutz twist without changing the topology of the manifold?

### 5.2. Almost contact structures and Lutz twists

As discussed in Subsection 2.4 an obstruction to two almost contact structures being homotopic is the Chern classes of the almost contact structure. In dimension 3 it is well known that Lutz twisting affects the first Chern class of the contact structure. In higher dimensions this is not the case.

In the proof of Theorem 1.1 above we showed that the homotopy class of almost contact structure is unchanged by a Lutz twist, but one might ask if the homotopy class can be affected with a generalized half Lutz twist (should it ever be defined).

**Proposition 5.3.** Let $(M,\xi)$ be a closed contact $(2n+1)$-manifold for $n > 1$. Suppose $B \times S^1$ is an embedded isotropically parameterized family of transverse curves in $(M,\xi)$ with $B$ of dimension $n - 1$. If $\xi'$ is obtained from $\xi$ by altering the contact structure in a neighborhood of $B \times S^1$ then the Chern classes of $c_k(\xi)$ and $c_k(\xi')$ are equal for $k < \frac{n+1}{2}$.

Note that the proposition implies that the first Chern class of a contact structure cannot be affected by a Lutz twist except in dimension 3.

**Proof.** One can easily construct a handle decomposition of $M$ in which a neighborhood of $B \times S^1$ can be taken to be a union of handles of index larger than or equal to $n + 1$. Moreover the contact structures $\xi$ and $\xi'$ are the same outside a neighborhood of $B \times S^1$, that is away from the handles that make up the neighborhood. As $c_k$ is the primary obstruction to the existence of a $(n-k+1)$-frame over the $2k$ skeleton of $M$ we see that $c_k$ of $\xi$ and $\xi'$ must be the same for $2k < n + 1$.

In dimension 3 one can use Lutz twists to produce contact structures in any homotopy class of almost contact structure. One might hope to do this in higher dimensions as well, but clearly Proposition 5.3 shows our notion of Lutz twist (even a more general one than defined here) cannot achieve this. So we ask the following question.

**Question 5.4.** Is there some other notion of Lutz twisting that affects all the Chern classes of a contact structure?

Or more to the point we have the following question.

**Question 5.5.** Is there some notion of Lutz twisting, or some other modification of a contact structure, that will guarantee that any manifold $M$ admitting a contact structure admits one in every homotopy class of almost contact structure?

### 5.3. Cores of overtwisted families

In [20] the weakly overtwisted contact structures came from weakly overtwisted contact structures of lower dimension. More precisely, the core of the overtwisted families constructed in dimension $2n + 1$ were constructed as a product of $S^1$ and an overtwisted family in dimension $2n - 1$. Starting in dimension 3 where the core is just a point, one sees that all the cores of overtwisted families constructed in [20] are tori of the appropriate dimension. The weakly overtwisted contact structures constructed in [19] were constructed by taking the previous examples and performing surgery on the ambient manifold without affecting the overtwisted family. Thus, once again, we see that all the overtwisted families are modeled on tori. From our construction we can show the following result.
Theorem 5.6. Let \((M, \xi)\) be a contact manifold of dimension \(2n+1\). Given any \((n-1)\)-dimensional isotropic submanifold \(B\) in \((M, \xi)\) with trivial conformal symplectic normal bundle there is a contact structure \(\xi^{\prime}\) on \(M\) that contains an overtwisted family modeled on \(B\). Moreover, if \(B\) is any abstract \((n-1)\)-dimensional manifold (that is not necessarily already embedded in \(M\)) with trivial complexified tangent bundle, then there is a contact structure on \(M\) with overtwisted family modeled on \(B\).

Proof. The first statement is clear as we can find an embedded isotropically parameterized family of transverse curves \(B \times S^1\) as in Section 4 and then use Theorem 3.3 to perform a Lutz twist to produce a contact structure \(\xi^{\prime}\) with an overtwisted family modeled on \(B\).

For the second statement we need to see that given a \(B\) with the required properties we can embed it in \((M, \xi)\) as an isotropic submanifold with trivial conformal symplectic normal bundle. It is clear, due to the dimensions involved, that \(B\) can be embedded in a ball in \(M\). It is well known that isotropic submanifolds of dimension less than \(n\) satisfy an \(h\)-principle [3]. This \(h\)-principle states that if an embedding \(\psi : B \to M\) is covered by a bundle map \(TB\) to \(\xi\) sending the tangent planes of \(B\) to isotropic spaces in \(\xi\) then the embedding can be isotoped to an isotropic embedding. Thus we need to construct a bundle map \(TB\) to \(\psi^{\star}\xi\) sending \(T_pB\) to an isotropic subspace of \((\psi^{\star}\xi)_p\). In the end we will also want the conformal symplectic normal bundle to be trivial. This implies that we need to see a bundle isomorphism from \(T(T^{\ast}B) \oplus \mathbb{C}\) to \(\psi^{\star}\xi\). Since \(\psi\) can be taken to have its image in a Darboux ball of \(M\) we can assume that \(\psi^{\star}\xi\) is the trivial bundle \(\mathbb{C}^n\). Now it is clear that if \(T(T^{\ast}B) \cong TB \otimes \mathbb{C}\) is trivial then we have such an isomorphism.

From this theorem we see that it is easy to produce overtwisted families modeled on many manifolds. In particular, any oriented 2–manifold, respectively 3–manifold, can be realized as the core of an overtwisted family in a contact 7, respectively 9, manifold. Moreover, the vanishing of the first Pontryagin class of the tangent bundle of a 4–manifold is sufficient to guarantee it can be made the core of an overtwisted family in a contact 11–manifold. It would be very interesting to know the answer to the following question.

Question 5.7. If \((M^{2n+1}, \xi)\) contains an overtwisted family modeled on \(B\) does it also contain an overtwisted family modeled on any, or even some, other \((n-1)\)-manifold \(B^{\prime}\) (satisfying suitable tangential conditions)?

In dimension 3, overtwisted contact structures are very flexible and various questions about them usually have a topological flavor. That is, if something is true topologically then it is frequently true for overtwisted contact structures. For example, if two overtwisted contact structures are homotopic as plane fields in dimension 3 then they are isotopic, [2]. We also know that any overtwisted contact structure is supported by a planar open book (just like any 3–manifold), [5]. Thus if overtwisted families are the “right” generalization of overtwisted disks to higher dimensional manifolds then we would expect to have similar results. An affirmative answer to the question above would essentially say you have a lot of flexibility in the cores of overtwisted families. Theorem 5.6 is a step in that direction.

References