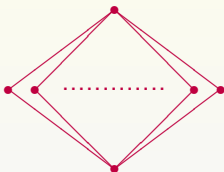


# Poset-free Families of Sets



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For a poset  $P$ , we consider how large a family  $\mathcal{F}$  of subsets of  $[n] := \{1, \dots, n\}$  we may have in the Boolean Lattice  $\mathcal{B}_n : (2^{[n]}, \subseteq)$  containing no (weak) subposet  $P$ . We are interested in determining or estimating  $\text{La}(n, P) := \max\{|\mathcal{F}| : \mathcal{F} \subseteq 2^{[n]}, P \not\subseteq \mathcal{F}\}$ .

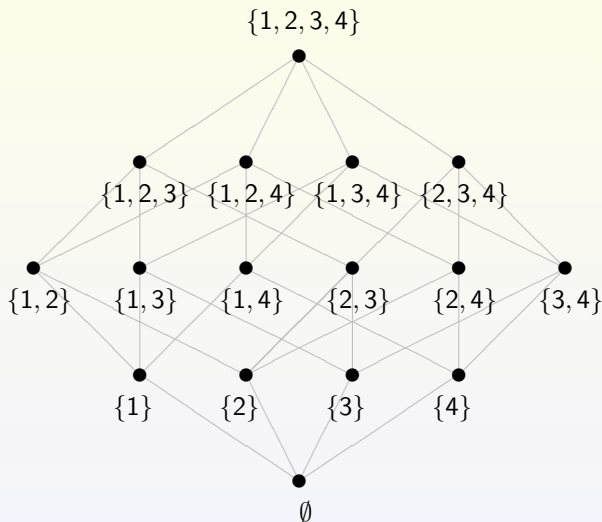
For a poset  $P$ , we consider how large a family  $\mathcal{F}$  of subsets of  $[n] := \{1, \dots, n\}$  we may have in the Boolean Lattice  $\mathcal{B}_n : (2^{[n]}, \subseteq)$  containing no (weak) subposet  $P$ . We are interested in determining or estimating  $\text{La}(n, P) := \max\{|\mathcal{F}| : \mathcal{F} \subseteq 2^{[n]}, P \not\subseteq \mathcal{F}\}$ .

## Example

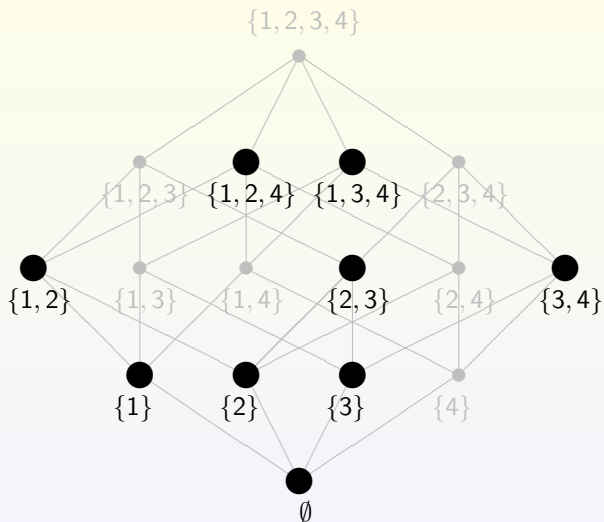


For the poset  $P = \mathcal{N}$ ,  $\mathcal{F} \not\supseteq \mathcal{N}$  means  $\mathcal{F}$  contains no 4 subsets  $A, B, C, D$  such that  $A \subset B, C \subset B, C \subset D$ . Note that  $A \subset C$  is allowed: The subposet does not have to be induced.

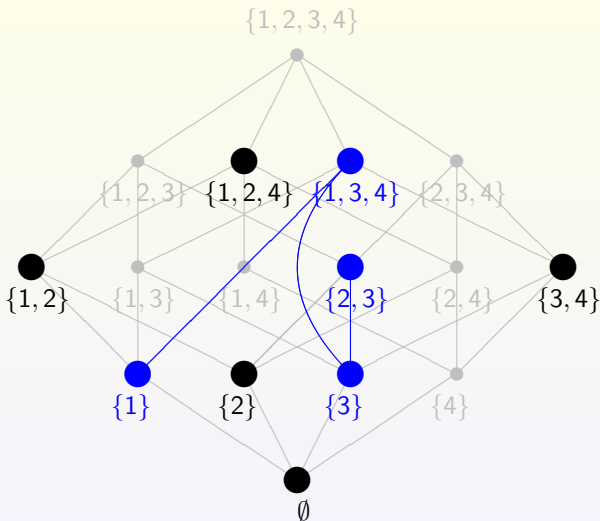
# The Boolean Lattice $\mathcal{B}_4$



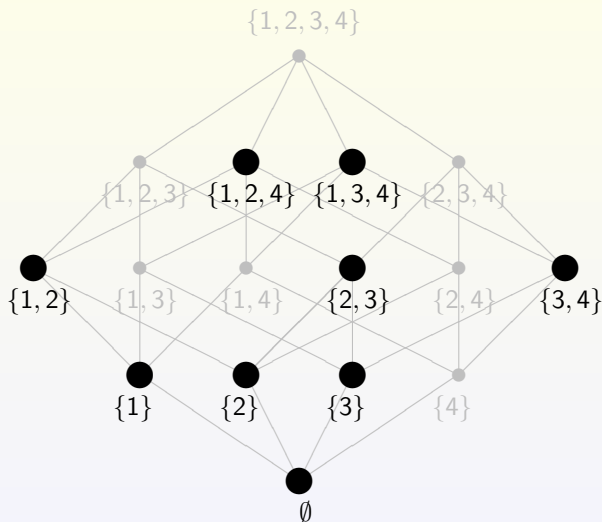
# A Family of Subsets $\mathcal{F}$ in $\mathcal{B}_4$



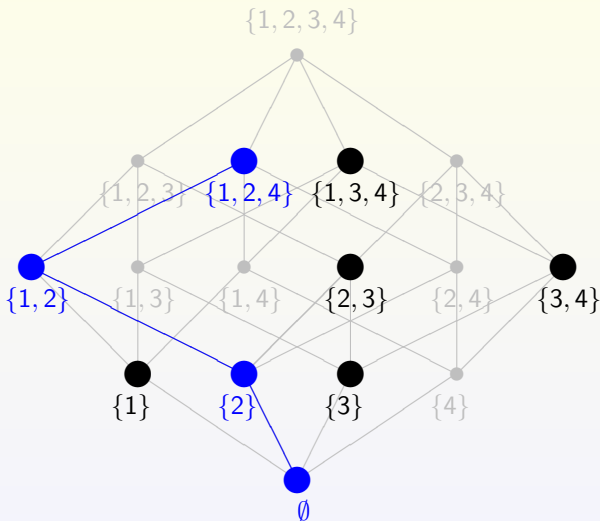
$\mathcal{F}$  contains the poset  $\mathcal{N}$



# A Family of Subsets $\mathcal{F}$ in $\mathcal{B}_4$

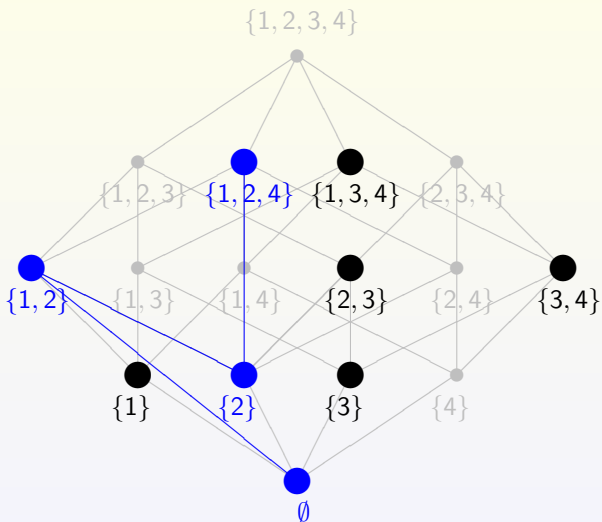


# $\mathcal{F}$ Contains a 4-Chain $\mathcal{P}_4$

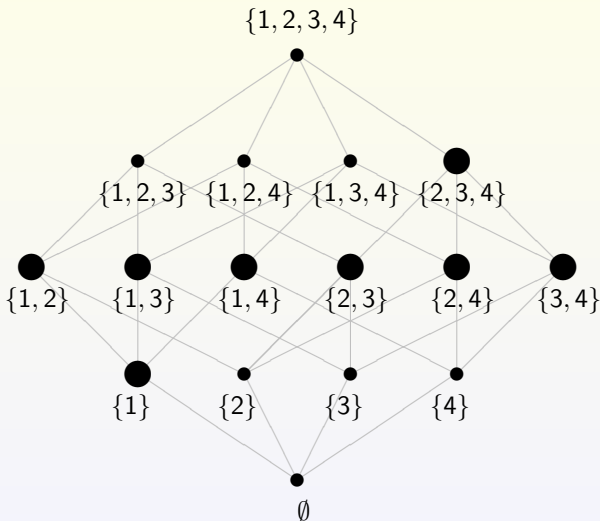




Hence,  $\mathcal{F}$  Contains Another  $\mathcal{N}$



# A Large $\mathcal{N}$ -free Family in $\mathcal{B}_4$



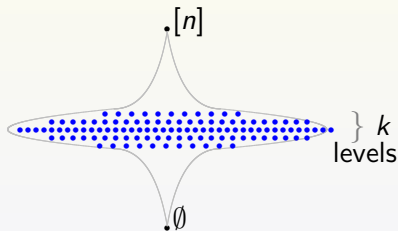
Given a finite poset  $P$ , we are interested in determining or estimating

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For many posets,  $\text{La}(n, P)$  is exactly equal to the sum of middle  $k$  binomial coefficients, denoted by  $\Sigma(n, k)$ .

Moreover, the largest families may be  $\mathcal{B}(n, k)$ , the families of subsets of middle  $k$  sizes.



Excluded subposet  $P$

$\text{La}(n, P)$

$\mathcal{P}_2$



$$\binom{n}{\lfloor \frac{n}{2} \rfloor}$$

[Sperner, 1928]

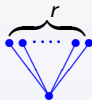
Path  $\mathcal{P}_k, k \geq 2$



$$\begin{aligned} & \Sigma(n, k-1) \\ & \sim (k-1) \binom{n}{\lfloor \frac{n}{2} \rfloor} \end{aligned}$$

[P. Erdős, 1945]

$r$ -fork  $\mathcal{V}_r$



$$\sim \binom{n}{\lfloor \frac{n}{2} \rfloor}$$

[Katona-Tarján, 1981]

[DeBonis-Katona 2007]

Excluded subposet  $P$        $\text{La}(n, P)$

Butterfly  $B$



$$\Sigma(n, 2) \\ \sim 2^{\lfloor \frac{n}{2} \rfloor}$$

[DeBonis-Katona-  
Swanepoel, 2005]

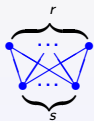
$\mathcal{N}$



$$\sim \binom{n}{\lfloor \frac{n}{2} \rfloor}$$

[G.-Katona, 2008]

$\mathcal{K}_{r,s}(r, s \geq 2)$



$r, s \geq 2$

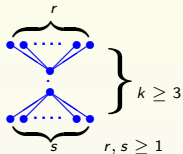
$$\sim 2^{\binom{n}{\lfloor \frac{n}{2} \rfloor}}$$

[De Bonis-Katona, 2007]

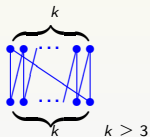
# Excluded subposet $P$

$\text{La}(n, P)$

Batons,  $\mathcal{P}_k(s, t)$



Crowns  $\mathcal{O}_{2k}$



$\mathcal{J}$



$$\sim (k-1) \binom{n}{\lfloor \frac{n}{2} \rfloor}$$

[G.-Lu, 2009]

$$k \text{ even: } \sim \binom{n}{\lfloor \frac{n}{2} \rfloor}$$

$$k \text{ odd: } \leq (1 + \frac{1}{\sqrt{2}}) \binom{n}{\lfloor \frac{n}{2} \rfloor}$$

[G.-Lu, 2009]

$$\Sigma(n, 2)$$

$$\sim 2 \binom{n}{\lfloor \frac{n}{2} \rfloor}$$

[Li, 2009]

# Asymptotic behavior of $\text{La}(n, P)$

Definition

$$\pi(P) := \lim_{n \rightarrow \infty} \frac{\text{La}(n, P)}{\binom{n}{\lfloor \frac{n}{2} \rfloor}}.$$



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*For all  $P$ ,  $\pi(P)$  exists and is integer.*

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## Conjecture (G.-Lu, 2008)

*For all  $P$ ,  $\pi(P)$  exists and is integer.*

Moreover, Saks and Winkler (2008) observed what  $\pi(P)$  is in known cases, leading to the stronger

## Conjecture (G.-Lu, 2009)

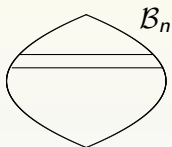
*For all  $P$ ,  $\pi(P) = e(P)$ , where*

## Definition

$e(P) := \max m$  such that for all  $n$ ,  $P \notin \mathcal{B}(n, m)$ .

Example: Butterfly  $B$

For all  $n$ ,  $B(n, 2) \not\cong \text{Diagram} \Rightarrow e(\text{Diagram}) = 2$ ,



Consecutive two levels

while  $La(n, \text{Diagram}) = \Sigma(n, 2) \Rightarrow \pi(\text{Diagram}) = 2$ .

# $\pi(P)$ and Height

## Definition

The *height*  $h(P)$  is the maximum size of any chain in  $P$ .

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## Theorem (G.-Lu, 2009)

Let  $T$  be a height 2 poset which is a tree (as a graph) of order  $t$ , then

$$\frac{\text{La}(n, T)}{\binom{n}{\lfloor \frac{n}{2} \rfloor}} \leq 1 + \frac{16t}{n} + O\left(\frac{1}{n\sqrt{n \log n}}\right).$$



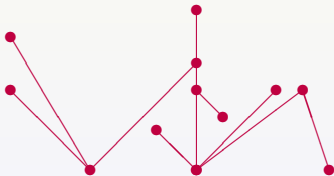
# $\pi(P)$ and Height

## The Forbidden Tree Theorem

### Theorem (Bukh, 2010)

Let  $T$  be a poset such that the Hasse diagram is a tree. Then

$$\pi(T) = e(T) = h(T) - 1.$$



## $\pi(P)$ and Height

For  $P$  of height 2  $\pi(P) \leq 2$  (when it exists).

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*What about taller posets  $P$ ?*



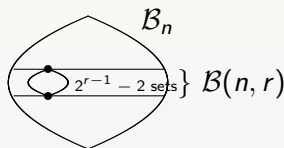
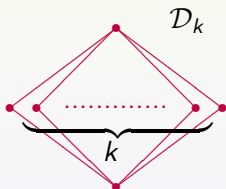
# $\pi(P)$ and Height

For  $P$  of height 2  $\pi(P) \leq 2$  (when it exists).

*What about taller posets  $P$ ?*

For  $P$  of height 3  $\pi(P)$  cannot be bounded:

**Example** (Jiang, Lu)  $k$ -diamond poset  $\mathcal{D}_k$



$\mathcal{B}(n, r) \not\supseteq \mathcal{D}_k$  for  $k = 2^{r-1} - 1$ , so  $\pi(\mathcal{D}_k) \geq r$  if it exists.

# On the Diamond $\mathcal{D}_2$

## Problem

*Despite considerable effort it remains open to determine the value  $\pi(\mathcal{D}_2)$  or even to show it exists!*



Easy bounds:

$$\Sigma(n, 2) \leq \text{La}(n, \mathcal{D}_2) \leq \Sigma(n, 3)$$

$$\Rightarrow 2 \leq \pi(\mathcal{D}_2) \leq 3$$

The conjectured value of  $\pi(\mathcal{D}_2)$  is its lower bound,  $e(\mathcal{D}_2) = 2$ .

# The $D_2$ Diamond Theorem

## Theorem

As  $n \rightarrow \infty$ ,

$$\Sigma(n, 2) \leq \text{La}(n, \mathcal{D}_2) \leq \left(2\frac{3}{11} + o_n(1)\right) \binom{n}{\lfloor \frac{n}{2} \rfloor}.$$

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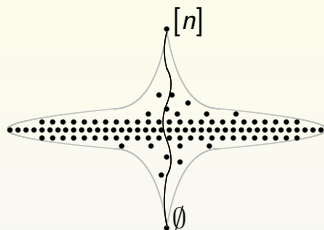
$$\Sigma(n, 2) \leq \text{La}(n, \mathcal{D}_2) \leq \left(2\frac{3}{11} + o_n(1)\right) \binom{n}{\lfloor \frac{n}{2} \rfloor}.$$

We prove this and most of our other results by considering, for a  $P$ -free family  $\mathcal{F}$  of subsets of  $[n]$ , the average number of times a random full (maximal) chain in the Boolean lattice  $\mathcal{B}_n$  meets  $\mathcal{F}$ , called the *Lubell function*.

# Lubell Function

A *full chain*  $\mathcal{C}$  in  $\mathcal{B}_n$  is a collection of  $n + 1$  subsets as follows:

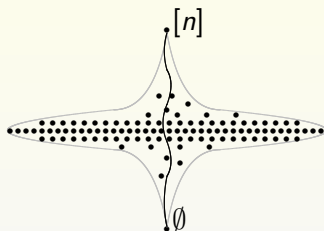
$$\emptyset \subset \{a_1\} \subset \cdots \subset \{a_1, \dots, a_n\}.$$



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## Definitions

Let  $\mathcal{C} = \mathcal{C}_n$  be the set of full chains in  $\mathcal{B}_n$ .

For  $\mathcal{F} \subset 2^{[n]}$ , the *height*  $h(\mathcal{F}) := \max_{C \in \mathcal{C}} |\mathcal{F} \cap C|$ .

The *Lubell function*  $\bar{h}(\mathcal{F}) := \text{ave}_{C \in \mathcal{C}} |\mathcal{F} \cap C|$ .

# Lubell Function

## Lemma

Let  $\mathcal{F}$  be a collection of subsets of  $[n]$ .

1. We have

$$\bar{h}(\mathcal{F}) = \sum_{A \in \mathcal{F}} \frac{1}{\binom{n}{|A|}}.$$

2. If  $\bar{h}(\mathcal{F}) \leq m$ , for some real number  $m > 0$ , then

$$|\mathcal{F}| \leq m \binom{n}{\lfloor \frac{n}{2} \rfloor}.$$

It means that the Lubell function provides an upper bound on  $|\mathcal{F}| / \binom{n}{\lfloor \frac{n}{2} \rfloor}$ .

# Lubell Function

## Lemma

(ctd.) Let  $\mathcal{F}$  be a collection of subsets of  $[n]$ .

3. If  $\bar{h}(\mathcal{F}) \leq m$ , for some **integer**  $m > 0$ , then

$$|\mathcal{F}| \leq \Sigma(n, m),$$

and equality holds if and only if

(1)  $\mathcal{F} = \mathcal{B}(n, m)$  when  $n + m$  is **odd**, or

(2)  $\mathcal{F} = \mathcal{B}(n, m - 1)$  together with any  $\binom{n}{(n+m)/2}$  subsets of sizes  $(n \pm m)/2$  when  $n + m$  is **even**.



# Lubell Function

Let  $\lambda_n(P)$  be  $\max \bar{h}(\mathcal{F})$  over all  $P$ -free families  $\mathcal{F} \subset 2^{[n]}$ . Then we have

$$\Sigma(n, e(P)) \leq \text{La}(n, P) \leq \lambda_n(P) \binom{n}{\lfloor \frac{n}{2} \rfloor}.$$

We study  $\lambda_n(P)$  and use it to investigate the  $\pi(P) = e(P)$  conjecture for many posets.

# Lubell Function

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We study  $\lambda_n(P)$  and use it to investigate the  $\pi(P) = e(P)$  conjecture for many posets.

**Asymptotics:** Recall the limit  $\pi(P) := \lim_{n \rightarrow \infty} \frac{\text{La}(n, P)}{\binom{n}{\lfloor \frac{n}{2} \rfloor}}$ . Let

$$\lambda(P) := \lim_{n \rightarrow \infty} \lambda_n(P).$$

$$e(P) \leq \pi(P) \leq \lambda(P),$$

if both limits exist.

## Note on $\mathcal{D}_2$ -free Families

The limit  $\pi(\mathcal{D}_2)$  is shown to be  $< 2.3$ , if it exists, by proving that the maximum Lubell values  $\lambda_n(\mathcal{D}_2)$  are nonincreasing for  $n \geq 4$  and by investigating their values for  $n \leq 12$ .

# Easy Upper Bound for $\mathcal{D}_2$

Let

$$d_n := \max_{\substack{\mathcal{F} \subset 2^{[n]} \\ \mathcal{F} \not\preceq \diamond}} \bar{h}(\mathcal{F})$$

## Proposition

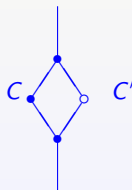
For all  $n$ ,  $d_n \leq 2.5$ . Hence,  $\pi(\diamond) \leq 2.5$ .

### Proof.

Suppose  $\mathcal{F} \not\preceq \diamond$ .

Let  $\gamma_i := \Pr(|\mathcal{F} \cap C| = i)$ .  $\bar{h}(\mathcal{F}) = \mathbb{E}(|\mathcal{F} \cap C|) = \sum_{i=1}^3 i\gamma_i$ .

One shows easily that  $\gamma_3 \leq \gamma_2$ . □



# Improved Bound for $\mathcal{D}_2$

## Theorem

$$\pi(\diamond) < 2.3$$

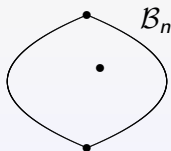
## Lemma

For  $n \geq 3$ ,  $d_n \leq d_{n-1}$ .

$n$	2	3	4	5	6	7
$d_n$	$2\frac{1}{2}$	$2\frac{1}{3}$	$2\frac{1}{3}$	2.3	2.3	$< 2.3$

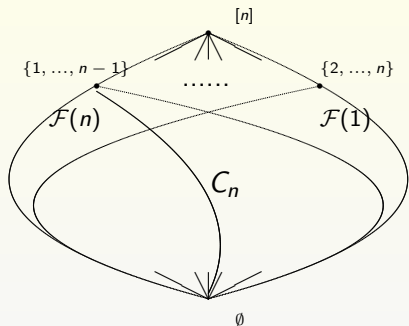
## Proof.

Let  $\mathcal{F}$  achieve  $d_n$ . If  $\emptyset, [n] \in \mathcal{F}$ , then  $\bar{h}(\mathcal{F}) \leq 2 + \frac{1}{n} \leq d_n$ .



Else we may assume  $[n] \notin \mathcal{F}$ .

$$\begin{aligned}
 d_n &= \bar{h}(\mathcal{F}) = \mathbb{E}(|\mathcal{F} \cap C|) \\
 &\leq \frac{\sum_{i=1}^n \mathbb{E}(|\mathcal{F}(i) \cap C_i|)}{n} \\
 &\leq d_{n-1}
 \end{aligned}$$



where  $\mathcal{F}(i) := \{F \in \mathcal{F} \mid i \notin F\}$  and  $C_i$  is a random full chain of subset of  $[n] - \{i\}$ . □

Improved upper bounds on  $\pi(\mathcal{D}_2)$ :

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2.296 [G.-Li-Lu, 2008]



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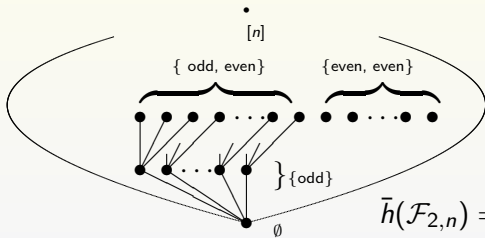
2.283 [Axenovich-Manske-Martin, 2011]

2.273 [G.-Li-Lu, 2011]

2.25 [Kramer-Martin-Young, 2012]

How well can this Lubell function method do? Consider this diamond-free family:

Ex:  $\mathcal{F}_{2,n}$



$$\bar{h}(\mathcal{F}_{2,n}) = 1 + \frac{\lceil \frac{n}{2} \rceil}{n} + \frac{\lfloor \frac{n}{2} \rfloor \lceil \frac{n}{2} \rceil + \binom{\lfloor \frac{n}{2} \rfloor}{2}}{\binom{n}{2}}$$

For  $n > 1$ ,  $\bar{h}(\mathcal{F}_{2,n}) > 2.25$ .

What we then see is there are families of subsets with Lubell function values  $\rightarrow 2.25$  as  $n \rightarrow \infty$ . Hence,  $\lambda(\mathcal{D}_2)$  exists, and is at least 2.25, which is a barrier for this approach to showing  $\pi(\mathcal{D}_2) = 2$ .

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### Problem

Does  $\lim_{n \rightarrow \infty} d_n = 2.25$ ?

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Answer: **YES!** [Li, 2012]

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### Problem

Does  $\lim_{n \rightarrow \infty} d_n = 2.25$ ?

Answer: **YES!** [Li, 2012]

### Problem

Is  $\bar{h}(\mathcal{F}) < 2 + \epsilon$  if  $\mathcal{F} \not\cong \diamond$  such that  $||F| - \frac{n}{2}| < C\sqrt{n \log n}$  for all  $F \in \mathcal{F}$ ?



## Three level problem

To make things simpler, what if we restrict attention to  $D_2$ -free families in the middle three levels of the Boolean lattice  $B_n$ . We should get better upper bounds on  $|\mathcal{F}| / \binom{n}{\lfloor \frac{n}{2} \rfloor}$ :

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2.207 [Axenovich-Manske-Martin, 2011]

2.1547 [Manske-Shen, 2012]

2.1512 [Balogh-Hu-Lidický-Liu, 2012]

# Uniformly L-bounded Posets

For many posets we can use the Lubell function to completely determine  $\text{La}(n, P)$  and the extremal families.

## Proposition

For a poset  $P$  satisfying  $\lambda_n(P) \leq e(P)$  for all  $n$ , we have

$$\boxed{\text{La}(n, P) = \Sigma(n, e(P))} \text{ for all } n.$$

If  $\mathcal{F}$  is a  $P$ -free family of the largest size, then

$$\boxed{\mathcal{F} = \mathcal{B}(n, e(P))}.$$

We say posets that satisfy the inequality above are *uniformly L-bounded*.

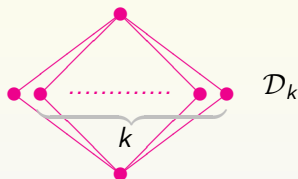
# The $k$ -Diamond Theorem

## Theorem

The  $k$ -diamond posets  $\mathcal{D}_k$  satisfy

$$\lambda_n(P) \leq e(P)$$

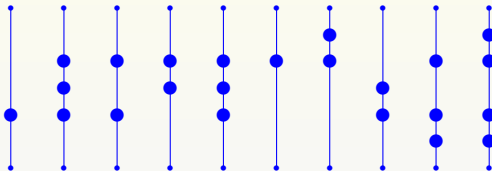
for all  $n$ , if  $k$  is an integer in the interval  $[2^{m-1} - 1, 2^m - \binom{m}{\lfloor \frac{m}{2} \rfloor} - 1]$  for any integer  $m \geq 2$ .



This means the posets  $\mathcal{D}_k$  are uniformly L-bounded for  $k = 1, 3, 4, 7, 8, 9, \dots$ . Consequently, for most values of  $k$ ,  $\mathcal{D}_k$  satisfies the  $\pi = e$  conjecture, and, moreover, we know the largest  $\mathcal{D}_k$ -families for all values of  $n$ .

# Proof Sketch: The Partition Method

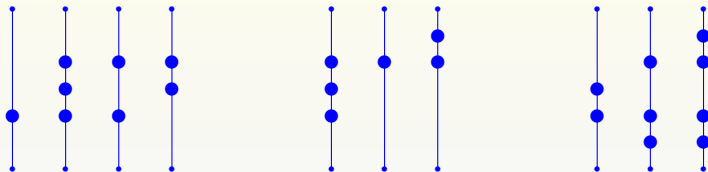
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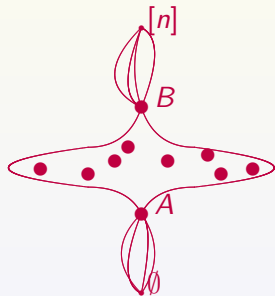
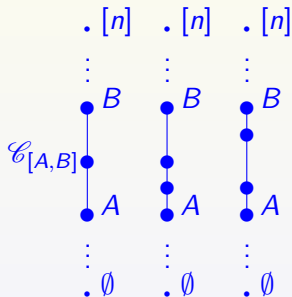
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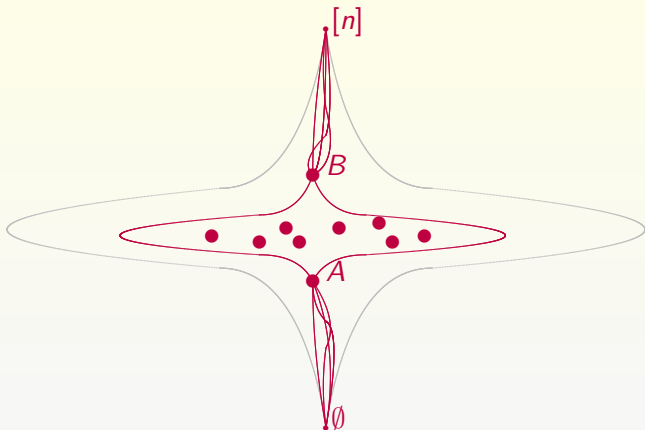


# Proof Sketch: The $k$ -Diamond Theorem

## Min-Max Partition

The block  $\mathcal{C}_{[A,B]}$  consists of full chains with  $\min \mathcal{F} \cap \mathcal{C} = A$  and  $\max \mathcal{F} \cap \mathcal{C} = B$ .





Compute  $\text{ave}_{\mathcal{C} \in \mathcal{C}_{[A,B]}} |\mathcal{F} \cap \mathcal{C}|$  for each block  $\mathcal{C}_{[A,B]}$ . If say we forbid  $\mathcal{D}_3$ , there are at most two points between  $A$  and  $B$ , and the largest average value  $|\mathcal{F} \cap \mathcal{C}|$  is when we get a diamond  $\mathcal{D}_2$  for  $[A, B]$ , which is  $3 = e(\mathcal{D}_3)$ .



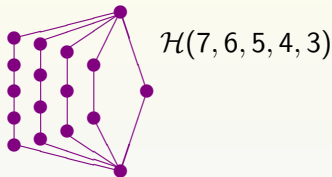
# The Harp Theorem

## Theorem

The harp posets  $\mathcal{H}(\ell_1, \dots, \ell_k)$  satisfy

$$\lambda_n(P) \leq e(P)$$

for all  $n$ , if  $\ell_1 > \dots > \ell_k \geq 3$ .



Hence, harps with distinct path lengths are uniformly L-bounded and satisfy the  $\pi = e$  conjecture.

## More on the Lubell Function

Recall that  $e(P) \leq \pi(P) \leq \lambda(P)$  when the limits  $\pi(P)$  and  $\lambda(P)$  both exist. For a uniformly  $L$ -bounded poset  $P$ ,  $e(P) = \pi(P) = \lambda(P)$ .

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*The diamond  $\mathcal{D}_2$  is not uniformly  $L$ -bounded, though many diamonds  $\mathcal{D}_k$  and harps are.*

*Still, it can be proven that  $\lambda(P)$  exists whenever  $P$  is a diamond  $\mathcal{D}_k$  or a harp  $\mathcal{H}(\ell_1, \dots, \ell_k)$ .*



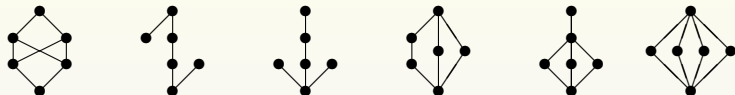
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More uniformly L-bounded posets



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## Definition

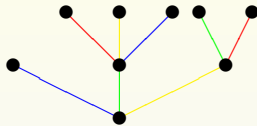
Suppose posets  $P_1, \dots, P_k$  are uniformly  $L$ -bounded with  $0$  and  $1$ . A **blow-up** of a rooted tree  $T$  on  $k$  edges has each edge replaced by a  $P_j$ .

# Constructions

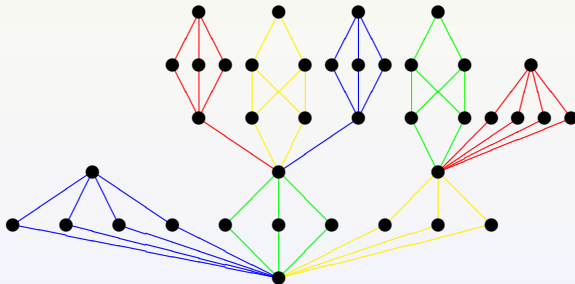
**Theorem (Li, 2011)**

If  $P$  is a *blow-up* of a rooted tree  $T$ ,  
then  $\pi(P) = e(P)$ .

If the tree is a path, then  $P$  is  
uniformly  $L$ -bounded.



*A blow-up of the rooted tree above:*



# Future Research

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## Problem

*Prove that  $\lambda(P)$  exists for general  $P$ .*

# Future Research

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*Provide insight into why*

- ▶  $L_a(n, P)$  behaves very nicely for some posets, equalling  $\Sigma(n, e(P))$  for all  $n \geq n_o$  (such as the butterfly  $B$  and the diamonds  $\mathcal{D}_k$  for most values of  $k$ );
- ▶ Is more complicated, but behaves well asymptotically (such as  $\mathcal{V}_2$ ); or
- ▶ Continues to resist asymptotic determination (such as  $\mathcal{D}_2$  and  $\mathcal{O}_6$ ).





Foundational results: Let  $\mathcal{P}_k$  denote the  $k$ -element chain (path poset).

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For all  $n$ ,

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**Theorem (Erdős, 1945)**

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**Theorem** (Katona-Tarján, 1981)

As  $n \rightarrow \infty$ ,

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**Theorem** (Thanh 1998, DeBonis-Katona, 2007)

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More results for small posets: Let  $B$  denote the Butterfly poset with two elements each above two other elements. Let  $\mathcal{N}$  denote the four-element poset shaped like an N.

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# Forbidding Induced Subposets

Less is known for this problem:

## Definition

We say  $P$  is an *induced* subposet of  $Q$ , written  $P \subset^* Q$  if there exists an injection  $f : P \rightarrow Q$  such that for all  $x, y \in P$ ,  $x \leq y$  iff  $f(x) \leq f(y)$ . We define  $\text{La}^*(n, P)$  to be the largest size of a family of subsets of  $[n]$  that contains no induced subposet  $P$ .



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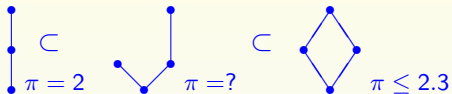
Extending Bukh's Forbidden Tree Theorem:

**Theorem** (Boehnlein-Jiang, 2011)

*For every tree poset  $T$ ,*

$$\text{La}^*(n, T) \sim (h(T) - 1) \binom{n}{\lfloor \frac{n}{2} \rfloor}, \text{ as } n \rightarrow \infty.$$

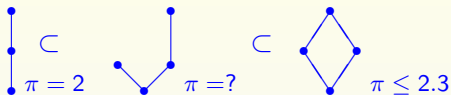
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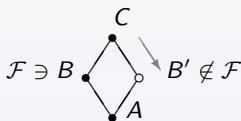


### Theorem (Li)

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#### Proof.

Let  $\mathcal{F} \subset 2^{[n]}$  achieve  $\text{La}(n, \mathcal{J})$ . Then  $\bar{h}(\mathcal{F}) \leq 3$ . If  $\mathcal{F}$  contains some  $\mathcal{P}_3$ , make a swap:



Then  $\mathcal{F}' := \mathcal{F} - \{C\} + \{B'\}$ .

- contains no  $\mathcal{J}$
- $|\mathcal{F}'| = |\mathcal{F}|$
- $|\mathcal{F}'|$  contains fewer  $\mathcal{P}'_3$ s

Iterate until we get  $\mathcal{J}$ -free  $\tilde{\mathcal{F}}$  of height 2, so

$$|\mathcal{F}| = |\tilde{\mathcal{F}}| \leq \text{La}(n, \mathcal{P}_3).$$



# The Union-free Family Theorem

A related problem

**Theorem** (Kleitman, 1965)

*Let  $\mathcal{F}$  be a collection of subsets of  $[2n]$ , that contains no two sets and their union. Then*

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In connection with this, he proposes to investigate two-level “triangle-free” families of subsets of  $[2n]$ .



# Triangle-free Families

Let  $k \geq 1$ . Consider a family  $\mathcal{F}$  of subsets of  $[2n]$  such that every  $A \in \mathcal{F}$  has size  $n$  or  $n - k$ . Further, suppose that there are no three sets  $A_1, A_2, B \in \mathcal{F}$  with  $|A_1| = |A_2| = n - k$ ,  $|B| = n$ ,  $A_1, A_2 \subset B$ , and  $A_1, A_2$  are at Hamming distance  $2k$ . This forbidden configuration we call a *triangle*.

Note that it means  $A_1 \cup A_2 = B$ .

Kleitman asked for a good upper bound on triangle-free  $\mathcal{F}$  for  $k = 2$  and for general  $k$ . Trivially,  $\binom{2n}{n} \leq |\mathcal{F}| \leq 2\binom{2n}{n}$ .

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## Proposition (G.-Li)

For triangle-free  $\mathcal{F}$ ,

$$|\mathcal{F}| \leq \binom{2n}{n} (1 + (k/n)).$$

This can be proven with the Lubell function.

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Kleitman believes it is possible to remove the factor  $k$ :

## Conjecture

For triangle-free families  $\mathcal{F}$  for  $k \geq 2$ ,

$$|\mathcal{F}| \leq \binom{2n}{n} (1 + (1/n)).$$