# Mean-Value Inequalities for Convex Domains 

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There are relatively few results and lots of fun questions!

The Mean Value Theorem I
Let $B_{r}(0) \subset \mathbb{R}^{d}$ and let $\Delta f=0$ for some $f: B_{r}(0) \rightarrow \mathbb{R}$. Then

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Proof.
Mean-Value Theorem and Maximum Principle.

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General Mean-Value Inequalities?
What if the domain is not a ball?

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Let's start with something 'simpler': convex functions.

My interest in this arose when seeing a fun paper on the arXiv.

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## JENSEN-TYPE GEOMETRIC SHAPES

## PAWEŁ PASTECZKA

Abstract. We present both necessary and sufficient conditions to the convex closed shape $X$ such that the inequality

$$
\frac{1}{|X|} \int_{X} f(x) d x \leq \frac{1}{|\partial X|} \int_{\partial X} f(x) d x
$$

is valid for every convex function $f: X \rightarrow \mathbb{R}(\partial X$ stands for the boundary of $X$ ).

It is proved that this inequality holds if $X$ is (i) an $n$-dimensional parallelotope, (ii) an $n$-dimensional ball, (iii) a convex polytope having an inscribed sphere (tangent to all its facets) with center in the center of mass of $\partial X$.

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Integrating on both sides, we get (not very impressive....)

$$
\int_{0}^{1} f(x) d x \leq \frac{f(0)+f(1)}{2}
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or, for $\Omega=[0,1]$,

$$
\frac{1}{|\Omega|} \int_{\Omega} f(x) d x \leq \frac{1}{|\partial \Omega|} \int_{\partial \Omega} f(x) d x
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## Hermite-Hadamard Inequalities

Let $f: \Omega \rightarrow \mathbb{R}$ be convex. Then we have the inequality

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- $\Omega$ is a Platonic solids (Pasteczka)


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- $\Omega$ is some type of polytope (Pasteczka)


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- ...and?


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Proposition (Pasteczka)
then $\Omega$ and $\partial \Omega$ have the same center of mass.

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Proof.
Plug in $f(x)=\langle a, x\rangle+b$.

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for all functions of this type.

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then $\Omega$ and $\partial \Omega$ have the same center of mass.
Conjecture (Pasteczka)
'Our conjecture is that every convex shape which satisfies this condition is of Jensen-type'.
I think this would be really nice if it were true (maybe too nice?)

## Hermite-Hadamard Inequalities

Proposition (Pasteczka)
If, for all convex $f: \Omega \rightarrow \mathbb{R}$

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then $\Omega$ and $\partial \Omega$ have the same center of mass.

In particular, if $\Omega$ and $\partial \Omega$ have different centers of mass, then the optimal constant $c_{\Omega}$

$$
\frac{1}{|\Omega|} \int_{\Omega} f(x) d x \leq \frac{c_{\Omega}}{|\partial \Omega|} \int_{\partial \Omega} f(x) d x
$$

satisfies $c_{\Omega}>1$.

## Hermite-Hadamard Inequalities

$f: \Omega \rightarrow \mathbb{R}^{d}$ convex and

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Theorem (S. 2018)
$c_{\Omega} \leq c_{n}$ for all convex domains $\Omega \subset \mathbb{R}^{n}$.

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I will later show much better results. But what is interesting here is that there is a fun transport problem hiding here. I always thought that this was independently interesting.

## A Transport Problem



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Sending a little bit of Lebesgue mass at $x$ to both $y$ and $z$.

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Mechanism to send $\mathcal{H}^{d}(\Omega)$ to $\mathcal{H}^{d-1}(\partial \Omega)$.

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Moreover, for all convex $f: \Omega \rightarrow \mathbb{R}$, we have

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\int_{\Omega} f(x) d x \leq \int_{\partial \Omega} f d \nu
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$$

and in particular, in terms of the Radon-Nikodym derivative,

$$
\int_{\Omega} f d x \leq\left\|\frac{d \nu}{d \sigma}\right\|_{L^{\infty}} \cdot \int_{\partial \Omega} f d \sigma
$$

## A Transport Problem



If $\Omega$ and $\partial \Omega$ have a different center of mass, then the final measure satisfies

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\left\|\frac{d \mu}{d \sigma}\right\|>\frac{|\Omega|}{|\partial \Omega|},
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If $\Omega$ and $\partial \Omega$ have a different center of mass, then the final measure satisfies

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so it cannot be too evenly distributed. How evenly distributed can it be?

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If we distribute the mass randomly in all directions, then the final distribution on the boundary has to be uniform. Thus the constant is 1 for the ball is admissible (and clearly optimal).

## Back to subharmonic

Let $\Omega \subset \mathbb{R}^{d}$, let $f: \Omega \rightarrow \mathbb{R}$ satisfy $\Delta f \geq 0$ and suppose $\left.f\right|_{\partial \Omega} \geq 0$.

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and how does the constant $c_{\Omega}$ depend on $\Omega$ ?

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We start by recalling some arguments from Niculescu-Persson. To this end, we introduce the function $\phi: \Omega \rightarrow \mathbb{R}$ such that

$$
\begin{aligned}
-\Delta \phi & =1 & & \text { in } \Omega \\
\phi & =0 & & \text { on } \partial \Omega
\end{aligned}
$$

## Integration by Parts

$$
\begin{aligned}
\int_{\Omega} f(x) d x & =\int_{\Omega} f(x)(-\Delta \phi(x)) d x \\
& =\int_{\Omega}(-\Delta f(x)) \phi(x) d x+\int_{\partial \Omega} f(x) \frac{\partial \phi}{\partial n} d \sigma \\
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where $n$ points inside the domain. Equality if and only if $f$ is harmonic.

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Find harmonic function corresponding to boundary data given by a characteristic function in the neighborhood where gradient is large.

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We have

$$
c_{\Omega} \leq\left\|\frac{\partial \phi}{\partial n}\right\|_{L^{\infty}}
$$

where $\phi: \Omega \rightarrow \mathbb{R}$ is such that

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\begin{aligned}
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So it boils down to understanding the maximal gradient of

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(solution on an equilateral triangle)
This turns out to be a classical problem and there are lots of estimates that are known.

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Theorem (Beck, Brandolini, Burdzy, Henrot, Langford, Larson, Smits, S, 2019)
Let $f: \Omega \rightarrow \mathbb{R}$ be positive, $\Delta f \geq 0$ and let $\Omega$ be convex. Then

$$
\frac{1}{|\Omega|} \int_{\Omega} f d x \leq \frac{c_{n}}{|\partial \Omega|} \int_{\partial \Omega} f d \sigma
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where $n \lesssim c_{n} \lesssim n^{3 / 2}$.

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$$

and $n$ is the sharp constant. (No extremizers!)

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is the sharp result in terms of $|\Omega|$ and $|\partial \Omega|$. However, one could also invoke other (or fewer/other) geometric quantities.

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Open Problem: the sharp constant and whether there is an extremal domain is less clear.

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The optimal constant has to satisfy $1 /(2 \sqrt{\pi e}) \leq c_{n} \leq 1$. (Lower bound given by ellipsoids, example by Thomas Beck.)

$$
\frac{1}{|\Omega|} \int_{\Omega} f d x \leq \frac{n}{|\partial \Omega|} \int_{\partial \Omega} f d \sigma
$$

is the sharp result in terms of $|\Omega|$ and $|\partial \Omega|$. However, one could also invoke other (or fewer/other) geometric quantities.

Theorem (Jianfeng Lu and S, 2019)
Let $f: \Omega \rightarrow \mathbb{R}$ be positive, $\Delta f \geq 0$ and let $\Omega$ be convex. Then

$$
\int_{\Omega} f d x \leq|\Omega|^{1 / n} \int_{\partial \Omega} f d \sigma
$$

The optimal constant has to satisfy $1 /(2 \sqrt{\pi e}) \leq c_{n} \leq 1$. (Lower bound given by ellipsoids, example by Thomas Beck.) It's not entirely clear how extremal domain has to look.

## Focusing on $n=2$

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As it turns out, this question is 165 years old!

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Les points dangereux sont donc, comme dans l'ellipse et le rectangle, les points du contour les plus rapproches de l'axe de torsion, ou les extremites des petits diametre. (Saint Venant, 1856)

## Focusing on $n=2$



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M. de St. Venant also calls attention to a conclusion from his solutions which to many may be startling, that in the simpler cases the places of greatest distortion are those points of the boundary which are nearest to the axis [...] and the places of least distortion those farthest from it. (Thomson \& Tait, Treatise on Natural Philosophy, 1867)

## Focusing on $n=2$



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- 1920: Griffith \& Sir G. I. Taylor build a soap bubble machine to compute torsion
- 1930: Polya proves the maximum is on the boundary.


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The lower bound follows from an explicit construction that we believe to be close to optimal. We'll first discuss how we expect extremizers to look like.

## The Probabilistic Interpretation

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If we start Brownian motion close to the boundary of a convex domain, we are going to hit the boundary pretty quickly. But certainly if the boundary is curved, we are going to hit it even faster. So the boundary should be pretty flat close to the point of optimal gradient.

## Focusing on $n=2$

Here's the result of some high precision numerics.


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## Focusing on $n=2$



Independent argument proposed by Guido Sweers.

## Focusing on $n=2$



Independent argument proposed by Guido Sweers.
coming with an explicit construction. Let $\Omega$ be a simply connected domain and let $h: E \rightarrow \Omega$ be a biconformal map. Then the solutions of

$$
\begin{cases}-\Delta w=f & \text { in } \Omega \\ w=0 & \text { on } \partial \Omega\end{cases}
$$

and

$$
\begin{cases}-\Delta u=\left|h^{\prime}(\cdot)\right|^{2}(f \circ h) & \text { in } E \\ u=0 & \text { on } \partial E\end{cases}
$$

are related via

$$
(w \circ h)(x, y)=u(x, y)
$$

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Figure 13. Left: $h_{q}\left(E_{q}\right)$ for $1 \leq q \leq 2$. Right: $h_{q}\left(E_{q}\right)$ for $q=1.386$.

## Shape Optimization?



What can be said about this domain?

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And what about higher dimensions?


