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Coupling, at least Markovian coupling, is not a universally applicable method for proving rapid mixing. In this chapter, we define a natural MC on matchings in a graph $G$ and show that its mixing time is bounded by a polynomial in the size of $G$. Anil Kumar and Ramesh [3] studied a very similar MC to this one, and demonstrated that every Markovian coupling for it takes expected exponential time (in the size of $G$) to coalesce. In the light of their result, it seems we must take an alternative approach, sometimes called the “canonical paths” method.

5.1 Matchings in a graph

Consider an undirected graph $G = (V, E)$ with vertex set $V$ of size $n$, and edge set $E$ of size $m$. Recall that the set of edges $M \subseteq E$ is a matching if the edges of $M$ are pairwise vertex disjoint. The vertices that occur as endpoints of edges of $M$ are said to be covered by $M$; the remaining vertices are uncovered. For a given graph $G = (V, E)$, we are interested in sampling from the set of matchings of $G$ according to the distribution

$$\pi(M) = \frac{\lambda^{|M|}}{Z}$$

where $Z := \sum_M \lambda^{|M|}$, and the sum is over matchings $M$ of all sizes. In statistical physics, the edges in a matching are referred to as “dimers” and the uncovered vertices as “monomers.” The probability distribution defined in (5.1) characterises the monomer-dimer system specified by $G$ and $\lambda$. The
1. Select $e = \{u, v\} \in E \text{ u.a.r.}$

2. There are three mutually exclusive (but not exhaustive) possibilities.

   (1) If $u$ and $v$ are not covered by $X_0$, then $M \leftarrow X_0 \cup \{e\}$.

   (2) If $e \in X_0$, then $M \leftarrow X_0 \setminus \{e\}$.

   (3) If $u$ is uncovered and $v$ is covered by some edge $e' \in X_0$ (or vice versa, with the roles of $u$ and $v$ reversed), then $M' \leftarrow M \cup \{e\} \setminus \{e'\}$.

   If none of the above situations obtain, then $M \leftarrow X_0$.

3. With probability $\min \{1, \pi(M)/\pi(X_0)\}$ set $X_1 \leftarrow M$; otherwise, set $X_1 \leftarrow X_0$. (This form of acceptance probability is known as the Metropolis filter.)

   Figure 5.1: An MC for sampling weighted matchings

normalising factor $Z$ is the partition function of the system. The parameter $\lambda \in \mathbb{R}^+$ can be chosen to either favour smaller ($\lambda < 1$) or larger ($\lambda > 1$) matchings, or to generate them from the uniform distribution ($\lambda = 1$).

Note that computing $Z$ exactly is a hard problem. For if it could be done efficiently, one could compute $Z = Z(\lambda)$ at a sequence of distinct values of $\lambda$, and then extract the coefficients of $Z(\lambda)$ by interpolating the computed values. (Observe that $Z(\lambda)$ is a polynomial in $\lambda$.) But the highest-order coefficient is just the number of perfect matchings in $G$. It follows from Theorem 2.2 that evaluating $Z(\lambda)$ at (say) integer points $\lambda \in \mathbb{N}$ is #P-hard. Indeed, with a little more work, one can show that evaluating $Z(\lambda)$ at the particular point $\lambda = 1$ (i.e., counting the number of matchings in $G$) is #P-complete. Although it is unlikely that $Z$ can be computed efficiently, nothing stops us from having an efficient approximation scheme, in the FPRAS sense of §3.1.

We construct an MC for sampling from distribution (5.1) as shown in Figure 5.1. As usual, denote the state space of the MC by $\Omega$, and its transition matrix by $P$. Consider two adjacent matchings $M$ and $M'$ with $\pi(M) \leq \pi(M')$. By adjacent we just mean that $P(M, M') > 0$, which is equivalent to $P(M', M) > 0$. The transition probabilities between $M$ and
M' may be written
\[ P(M, M') = \frac{1}{m}, \quad \text{and} \]
\[ P(M', M) = \frac{1}{m} \frac{\pi(M)}{\pi(M')}, \]
giving rise to the symmetric form
\[ \pi(M) P(M, M') = \pi(M') P(M' M) = \frac{1}{m} \min \{ \pi(M), \pi(M') \}. \]

The above equality makes clear that the MC is time-reversible, and that its stationary distribution (appealing Lemma 3.7) is \( \pi \).

**Remarks 5.1.**
(a) The transition probabilities are easy to compute: since a transition changes the number of edges in the current matching by at most one, the acceptance probability in step 3 is either 1 or \( \min \{ \lambda, \lambda^{-1} \} \), and it is easy to determine which.

(b) Broder [8] was the first to suggest sampling matching by simulating an appropriate MC. His proposal was to construct an MC whose states are perfect matchings (i.e., covering all vertices) and near-perfect matchings (i.e., leaving exactly two vertices uncovered). The MC on all matchings presented in Figure 5.1 was introduced by Jerrum and Sinclair [36].

(c) Time reversibility is a property of MC’s that is frequently useful to us; in particular, as we have seen on several occasions, it permits easy verification of the stationary distribution of the MC. However, we shall not make use of the property in the remainder of the chapter, and all the results will hold in the absence of time reversibility.

### 5.2 Canonical paths

The key to demonstrating rapid mixing using the “canonical paths” technique lies in setting up a suitable multicommodity flow problem. For any pair \( x, y \in \Omega \), we imagine that we have to route \( \pi(x)\pi(y) \) units of distinguishable fluid from \( x \) to \( y \), using the transitions of the MC as “pipes.” To obtain a good upper bound on mixing time we must route the flow evenly, without creating particularly congested pipes. To formalise this, we need a measure for congestion.
For any pair $x, y \in \Omega$, define a canonical path $\gamma_{xy} = (x = z_0, z_1, \ldots, z_\ell = y)$ from $x$ to $y$ through pairs $(z_i, z_{i+1})$ of states adjacent in the MC, and let

$$
\Gamma := \{ \gamma_{xy} \mid x, y \in \Omega \}
$$

be the set of all canonical paths. The congestion $\varrho = \varrho(\Gamma)$ of the chain is defined by

$$
\varrho(\Gamma) := \max_{t=\{u,v\}} \left\{ \frac{1}{\pi(u)P(u,v)} \sum_{x,y: \gamma_{xy} \text{ uses } t} \pi(x)\pi(y) |\gamma_{xy}| \right\}.
$$

where $t$ runs over all transitions, i.e., all pairs of adjacent states of the chain, and $|\gamma_{xy}|$ denotes the length of the path $\gamma_{xy}$.

We want to show that if $\varrho$ is small then so is the mixing time of the MC.

Consider some arbitrary “test” function $f : \Omega \rightarrow \mathbb{R}$. The variance of $f$ (with respect to $\pi$) is

$$
\text{Var}_\pi f := \sum_{x \in \Omega} \pi(x) \left[ f(x) - E_\pi f \right]^2 = \sum_{x \in \Omega} \pi(x) f(x)^2 - (E_\pi f)^2,
$$

where

$$
E_\pi f := \sum_{x \in \Omega} \pi(x) f(x).
$$

It is often convenient to work with an alternative, possibly less familiar expression for variance, namely

$$
\text{Var}_\pi f = \frac{1}{2} \sum_{x,y \in \Omega} \pi(x)\pi(y) \left( f(x) - f(y) \right)^2.
$$

Equivalence of (5.4) and (5.5) follows from the following sequence of identities:

$$
\frac{1}{2} \sum_{x,y \in \Omega} \pi(x)\pi(y) \left( f(x) - f(y) \right)^2
$$

$$
= \sum_{x,y \in \Omega} \left[ \pi(x)\pi(y) f(x)^2 - \pi(x)\pi(y) f(x)f(y) \right]
$$

$$
= \sum_{x \in \Omega} \pi(x) f(x)^2 \sum_{y \in \Omega} \pi(y) - \sum_{x \in \Omega} \pi(x) f(x) \sum_{y \in \Omega} \pi(y) f(y)
$$

$$
= \sum_{x \in \Omega} \pi(x) f(x)^2 - (E_\pi f)^2
$$

$$
= \text{Var}_\pi f.
$$
The variance $\text{Var}_\pi f$ measures the “global variation” of $f$ over $\Omega$. By contrast, the Dirichlet form

$$E_\pi(f, f) := \frac{1}{2} \sum_{x, y \in \Omega} \pi(x) P(x, y) \left( f(x) - f(y) \right)^2$$

measures the “local variation” of $f$ with respect to the transitions of the MC. The key result relating the congestion $\varrho$ to local and global variation is the following.

**Theorem 5.2 (Diaconis and Stroock [20]; Sinclair [57]).** For any function $f : \Omega \to \mathbb{R}$,

$$E_\pi(f, f) \geq \frac{1}{\varrho} \text{Var}_\pi f.$$  \hspace{1cm} (5.7)

where $\varrho = \varrho(\Gamma)$ is the congestion, defined in (5.3), with respect to any set of canonical paths $\Gamma$.

**Remarks 5.3.** (a) An inequality such as (5.7), which bounds the ratio of the local to the global variation of a function, is often termed a Poincaré inequality.

(b) If the congestion $\varrho$ is small, then high global variation of a function entails high local variation. This in turn entails, as we shall see presently, short mixing time.

**Proof of Theorem 5.2.** We follow Sinclair [57, Thm. 5].

$$2 \text{Var}_\pi f = \sum_{x, y \in \Omega} \pi(x) \pi(y) \left( f(x) - f(y) \right)^2$$

$$= \sum_{x, y \in \Omega} \pi(x) \pi(y) \left( \sum_{(u, v) \in \gamma_{xy}} 1 \cdot (f(u) - f(v)) \right)^2$$

$$\leq \sum_{x, y \in \Omega} \pi(x) \pi(y) |\gamma_{xy}| \sum_{(u, v) \in \gamma_{xy}} (f(u) - f(v))^2$$

$$= \sum_{u, v \in \Omega} \sum_{x, y \in \Omega} \pi(x) \pi(y) |\gamma_{xy}| \left( f(u) - f(v) \right)^2$$

$$= \frac{1}{\varrho} \text{Var}_\pi f.$$  \hspace{1cm} (5.8)

$$= \frac{1}{\varrho} \text{Var}_\pi f.$$  \hspace{1cm} (5.9)
Equality (5.8) is a “telescoping sum,” inequality (5.9) is Cauchy-Schwarz, and inequality (5.10) is from the definition of $g$. 

For the following analysis, we modify the chain by making it “lazy.” In each step, the lazy MC stays where it is with probability $\frac{1}{2}$, and otherwise makes the transition specified in Figure 5.1. Formally, the transition matrix of the lazy MC is $P_{zz} := \frac{1}{2}(I + P)$, where $I$ is the identity matrix. It is straightforward to show that the lazy MC is ergodic if the original MC is, in which case the stationary distribution of the two is identical. (In fact, irreducibility of the original MC is enough to guarantee ergodicity of the lazy MC.)

Exercise 5.4. Verify these claims about the lazy MC.

Remarks 5.5. (a) This laziness doubles the mixing time, but ensures that the eigenvalues of the transition matrix are all non-negative, and avoids possible parity conditions that would lead to the MC being periodic or nearly so. In an implementation, to simulate $2t$ steps of the lazy MC, one would generate a sample $T$ from the binomial distribution $\text{Bin}(2t, \frac{1}{2})$, and then simulate $T$ steps of the original, non-lazy MC. Thus, in practice, efficiency would not be compromised by laziness.

(b) The introduction of the lazy chain may seem a little unnatural. At the expense of setting up a little machinery, it can be avoided by using a continuous-time MC rather than a discrete-time MC as we have done. Some other parts of our development would also become smoother in the continuous-time setting. We shall return to this point at the end of the chapter.

Before picking up the argument, some extra notation will be useful. If $f$ is any function $f : \Omega \to \mathbb{R}$ then $P_{zz}f : \Omega \to \mathbb{R}$ denotes the function defined by

$$[P_{zz}f](x) := \sum_{y \in \Omega} P_{zz}(x, y)f(y).$$
The function \( P_{zz}f \) is the “one-step averaging” of \( f \). Similarly, \( P^t_{zz}f \), defined in an analogous way, is the “\( t \)-step averaging” of \( f \): it specifies the averages of \( f \) over \( t \)-step evolutions of the MC, starting at each of the possible states. If the MC is ergodic (as here), then \( P^t_{zz}f \) tends to the constant function \( E_{\pi} f \) as \( t \to \infty \). (Observe that \( E_{\pi}(P_{zz}f) = E_{\pi} f \) and hence \( E_{\pi}(P^t_{zz}f) = E_{\pi} f \); in other words, \( t \)-step averaging preserves expectations.) Thus we can investigate the mixing time of the MC by seeing how quickly \( \text{Var}_{\pi}(P^t_{zz}f) \) tends to 0 as \( t \to \infty \). This is the idea we shall now make rigorous.

**Theorem 5.6.** For any function \( f : \Omega \to \mathbb{R} \),

\[
\text{Var}_{\pi}(P_{zz}f) \leq \text{Var}_{\pi} f - \frac{1}{2} E_{\pi}(f, f).
\]

**Proof.** We follow closely Mihail’s [51] derivation. Consider the one-step averaging of \( f \) with respect to the lazy chain:

\[
[P_{zz}f](x) = \sum_{y \in \Omega} P_{zz}(x, y) f(y)
= \frac{1}{2} f(x) + \frac{1}{2} \sum_{y \in \Omega} P(x, y) f(y)
= \frac{1}{2} \sum_{y \in \Omega} P(x, y) \left( f(x) + f(y) \right).
\]

(5.12)

For convenience, assume\(^1\) \( E_{\pi} f = 0 \), and hence \( E_{\pi}(P_{zz}f) = 0 \). Then the left-hand side of (5.11) is bounded above as follows:

\[
\text{Var}_{\pi}(P_{zz}f) = \sum_{x \in \Omega} \pi(x) \left( [P_{zz}f](x) \right)^2
= \frac{1}{4} \sum_{x \in \Omega} \pi(x) \left( \sum_{y \in \Omega} \sqrt{P(x, y)} \left( f(x) + f(y) \right) \cdot \sqrt{P(x, y)} \right)^2
\leq \frac{1}{4} \sum_{x \in \Omega} \pi(x) \sum_{y \in \Omega} P(x, y) \left( f(x) + f(y) \right)^2 \sum_{z \in \Omega} P(x, z)
= \frac{1}{4} \sum_{x, y \in \Omega} \pi(x) P(x, y) \left( f(x) + f(y) \right)^2,
\]

(5.13)

(5.14)

(5.15)

\(^1\)Otherwise add or subtract a constant, an operation that leaves unchanged the quantities of interest, namely \( \text{Var}_{\pi} f \), \( \text{Var}_{\pi}(P_{zz}f) \) and \( E_{\pi}(f, f) \).
where step (5.13) uses (5.12), and inequality (5.14) is Cauchy-Schwarz. To get at the right-hand side of (5.11) we use yet another expression for the variance of $f$:

$$\text{Var}_\pi f = \frac{1}{2} \sum_{x \in \Omega} \pi(x) f(x)^2 + \frac{1}{2} \sum_{y \in \Omega} \pi(y) f(y)^2$$

$$= \frac{1}{2} \sum_{x,y \in \Omega} \pi(x) f(x)^2 P(x,y) + \frac{1}{2} \sum_{x,y \in \Omega} \pi(x) P(x,y) f(y)^2$$

$$= \frac{1}{2} \sum_{x,y \in \Omega} \pi(x) P(x,y) (f(x)^2 + f(y)^2).$$

(5.16)

Subtracting (5.15) from (5.16) yields

$$\text{Var}_\pi f - \text{Var}_\pi (P_{zz} f) \geq \frac{1}{4} \sum_{x,y \in \Omega} \pi(x) P(x,y) (f(x) - f(y))^2$$

$$= \frac{1}{2} \mathcal{E}_\pi(f, f),$$

as required. \hfill \Box

Combining Theorem 5.2 and Theorem 5.6 gives:

**Corollary 5.7.** For any function $f : \Omega \to \mathbb{R}$,

$$\text{Var}_\pi (P_{zz} f) \leq (1 - \frac{1}{2\varrho}) \text{Var}_\pi f,$$

where $\varrho = \varrho(\Gamma)$ is the congestion, defined in (5.3), with respect to any set of canonical paths $\Gamma$.

**Remark 5.8.** The algebraic manipulation in the proof of Theorem 5.6 seems mysterious. The discussion of the continuous-time setting at the end of the chapter will hopefully clarify matters a little.

We can now use Corollary 5.7 to bound the mixing time of the chain, by using a special function $f$. For a subset $A \subseteq \Omega$ of the state space, we consider its indicator function

$$f(x) := \begin{cases} 1, & \text{if } x \in A; \\ 0, & \text{otherwise}. \end{cases}$$

Then we have $\text{Var}_\pi f \leq 1$ and therefore

$$\text{Var}_\pi (P_{zz}^t f) \leq \left(1 - \frac{1}{2\varrho}\right)^t \leq \exp\left\{\frac{-t}{2\varrho}\right\},$$
where $P^t_{zz} f$ is the $t$-step averaging of $f$. Fix some starting state $x \in \Omega$ and set
$$t = \lceil 2q (2 \ln \varepsilon^{-1} + \ln \pi(x)^{-1}) \rceil.$$

This gives
$$\text{Var}_\pi(P^t_{zz} f) \leq \exp \{-2 \ln \varepsilon^{-1} - \ln \pi(x)^{-1}\} = \varepsilon^2 \pi(x).$$

On the other hand,
$$\text{Var}_\pi(P^t_{zz} f) \geq \pi(x) \left( |P^t_{zz} f(x) - E_\pi(P^t_{zz} f)|^2 \right) = \pi(x) \left( |P^t_{zz} f(x) - E_f|^2 \right),$$

which implies
$$\varepsilon \geq |P^t_{zz} f(x) - E_f| = |P^t_{zz} (x, A) - \pi(A)|$$

for all $A$. This in turn means that the total variation distance $D_{tv}(P^t_{zz} (x, \cdot), \pi)$ is bounded by $\varepsilon$, and we obtain the following corollary:

**Corollary 5.9.** The mixing time of the lazy MC is bounded by
$$\tau_x(\varepsilon) \leq 2q \left( 2 \ln \varepsilon^{-1} + \ln \pi(x)^{-1} \right),$$

where $q = q(\Gamma)$ is the congestion, defined in (5.3), with respect to any set of canonical paths $\Gamma$.

**Remark 5.10.** The factor 2 in front of the bound on mixing time is an artifact of using the lazy MC.

### 5.3 Back to matchings

In the previous section, we saw how a general technique (canonical paths) can be used to bound the Poincaré constant of an MC, and how that constant in turn bounds the mixing time. Let’s apply this machinery to the matching chain presented in Figure 5.1. Our ultimate goal is to derive a polynomial upper bound on mixing time:

**Proposition 5.11.** The mixing time $\tau$ of the MC on matchings of a graph $G$ (refer to Figure 5.1) is bounded by
$$\tau(\varepsilon) \leq nm \bar{\lambda}^2 \left( 4 \ln \varepsilon^{-1} + 2n \ln n + n \ln \lambda \right),$$

where $n$ and $m$ are the number of vertices and edges of $G$, respectively, and $\bar{\lambda} = \max\{1, \lambda\}$.
Remark 5.12. It is possible, with a little extra work, to improve the upper bound in Proposition 5.11 by a factor of $\lambda$: see Exercise 5.17.

The first step is to define the set $\Gamma$ of canonical paths. Given two matchings $I$ (initial) and $F$ (final), we need to connect $I$ and $F$ by a canonical path $\gamma_{IF}$ in the adjacency graph of the matching MC. Along this path, we will have to lose or gain at least the edges in the symmetric difference $I \oplus F$; these edges define a graph of maximum degree two, which decomposes into a collection of paths and even-length cycles, each of them alternating between edges in $I$ and edges in $F$. If we fix some ordering of the vertices in $V$, we obtain a unique ordering of the connected components of $(V, I \oplus F)$, by smallest vertex. Within each connected component we may identify a unique “start vertex”: in the case of a cycle this will be the smallest vertex, and the case of a path the smaller of the two endpoints. We imagine each path to be oriented away from its start vertex, and each cycle to be oriented so that the edge in $I$ adjacent to the start vertex acquires an orientation away from the start vertex. In Figure 5.2 — which focuses on a particular transition $t = (M, M')$ on the canonical path from $I$ to $F$ — the $m$ connected components of $I \oplus F$ are denoted $P_1, \ldots, P_m$.

To get from $I$ to $F$, we now process the components of $(V, I \oplus F)$ in the order $P_1, \ldots, P_m$. In each cycle, we first remove the edge in $I$ incident to the start vertex using a \#-transition; with a sequence of $\leftrightarrow$-transitions following the cycle’s orientation, we then replace $I$- by $F$-edges; finally, we perform a $\uparrow$-transitions to add the edge in $F$ incident to the start vertex. In every path, if the start vertex is incident to an $F$-edge, we use $\leftrightarrow$-transitions along the path and finish by a $\uparrow$-transition in case the path has odd length. If the start vertex is incident to an $I$-edge, we start with a $\downarrow$-transition, then use $\leftrightarrow$-transitions along the path, and finish with an $\uparrow$-transition in case the path has even length. This concludes the description of the canonical path $\gamma_{IF}$. Each transition $t$ on a canonical path $\gamma_{IF}$ can be though of a contributing to the processing of a certain connected component of $I \oplus F$; we call this the current component (or cycle, or path, if we want to be more specific).

Denote by

$$\text{cp}(t) := \{(I, F) \mid t \in \gamma_{IF}\}$$

the set of pairs $(I, F) \in \Omega$ whose canonical path $\gamma_{IF}$ uses transition $t$. To bound the mixing time of the MC, we need to bound from above the
congestion

\[ \rho = \max_{t=(M,M')} \left\{ \frac{1}{\pi(M)P(M,M')} \sum_{(I,F) \in \text{cp}(t)} \pi(I)\pi(F) |\gamma_{IF}| \right\} \]  

(c.f. (5.3)), where the maximum is over all transitions \( t = (M, M') \). It is not immediately clear how to do this, as the sum is over a set we don’t have a ready handle on. Suppose, however, that were able to construct, for each transition \( t = (M, M') \), an injective function \( \eta_t : \text{cp}(t) \to \Omega \) such that

\[ \pi(I)\pi(F) \lesssim \pi(M)P(M,M') \pi(\eta_t(I, F)), \]  

for all \((I,F) \in \text{cp}(t)\), where the relational symbol \( \lesssim \) indicates that the left-hand side is larger than the right-hand side by at most a polynomial factor in the “instance size,” i.e., some measure of \( G \) and \( \lambda \). Then it would
follow that
\[ g \leq \max_t \left\{ \sum_{(I,F) \in \text{cp}(t)} \pi(\eta_t(I,F)) |\gamma_{IF}| \right\} \]
from (5.17) and (5.18)
\[ \leq \max_t \left\{ \sum_{(I,F) \in \text{cp}(t)} \pi(\eta_t(I,F)) \right\} \]
since $|\gamma_{IF}| \leq n$
\[ \leq 1 \]
since $\eta$ is injective.

In other words, the congestion $g$ (and hence the mixing time of the MC) is polynomial in the instance size, as we should like.

We now complete the programme by defining an encoding $\eta_t$ with the appropriate properties, and making exact the calculation just performed. To this end, fix a transition $t = (M, M')$. If $t$ is a $\leftarrow\rightarrow$-transition, $(I,F) \in \text{cp}(t)$, and the current component (with respect to the canonical path $\gamma_{IF}$) is a cycle, then we say that $t$ is troublesome (with respect to the path $\gamma_{IF}$). If $t$ is troublesome, then we denote by $e_{IFt} \in I$ the (unique) edge in $I$ that is adjacent to the start vertex of the cycle being processed by $t$. For all $(I,F) \in \text{cp}(t)$, define
\[ \eta_t(I,F) = \begin{cases} (I \oplus F \oplus (M \cup M')) \setminus \{e_{IFt}\}, & \text{if } t \text{ is troublesome;} \\ I \oplus F \oplus (M \cup M'), & \text{otherwise.} \end{cases} \]

Roughly speaking, the encoding $C = \eta_t(I,F)$ agrees with $I$ on the components that have been completely processed, and with $F$ on the components that have not been touched yet. Moreover, $C$ agrees with $I$ and $F$ on the edges common to both. (See Figure 5.3.) The crucial properties of $\eta_t$ are described in the following sequence of claims.

**Claim 5.13.** For all transitions $t$ and all pairs $(I,F) \in \text{cp}(t)$, the encoding $C = \eta_t(I,F)$ is a matching; thus $\eta_t$ is a function with range $\Omega$, as required.
Proof. Consider the set of edges \( A = I \oplus F \oplus (M \cup M') \), and suppose that some vertex, \( u \) say, has degree two in \( A \). (Since \( A \subseteq I \cup F \), no vertex degree can exceed two.) Then \( A \) contains edges \( \{u, v_1\}, \{u, v_2\} \) for distinct vertices \( v_1, v_2 \), and since \( A \subseteq I \cup F \), one of these edges must belong to \( I \) and the other to \( F \). Hence both edges belong to \( I \oplus F \), which means that neither can belong to \( M \cup M' \). Following the form of \( M \cup M' \) along the canonical path, however, it is clear that there can be at most one such vertex \( u \); moreover, this happens precisely when \( t \) is a troublesome transition and \( u \) is the start vertex of the current cycle. Our definition of \( \eta_t \) removes one of the edges adjacent to \( u \) in this case, so all vertices in \( C \) have degree at most one, i.e., \( C \) is indeed a matching.

Claim 5.14. For every transition \( t \), the function \( \eta_t : \text{cp}(t) \to \Omega \) is injective.

Proof. Let \( t \) be a transition, and \( (I, F) \in \text{cp}(t) \). We wish to show that the pair \( (I, F) \) can be uniquely reconstructed from a knowledge only of \( t \) and \( \eta_t(I, F) \). It is immediate from the definition of \( \eta_t \) that the symmetric difference \( I \oplus F \) can be recovered from \( C = \eta_t(I, F) \) using the relation

\[
I \oplus F = \begin{cases} 
(C \oplus (M \cup M')) \cup \{e_{IFt}\}, & \text{if } t \text{ is troublesome;} \\
C \oplus (M \cup M'), & \text{otherwise.}
\end{cases}
\]

Of course, we don’t know, a priori, the identity of the edge \( e_{IFt} \). However, once we have formed the set \( C \oplus (M \cup M') \) we can see that \( e_{IFt} \) is the unique edge that forms a cycle when added to the current path. There is a slightly delicate issue here: how do we know whether we are in the troublesome case or not? In other words, how to we know whether the current component is a cycle or a path? The answer lies in the convention for choosing the start vertex. It can be checked that choosing the lowest vertex as start vertex leads to a path being oriented in the opposite sense to a cycle in this potentially ambiguous situation.

Given \( I \oplus F \), we can at once infer the sequence of paths \( P_1, P_2, \ldots, P_m \) that have to be processed along the canonical path from \( I \) to \( F \), and the transition \( t \) tells us which of these, \( P_i \) say, is the current one. The partition of \( I \oplus F \) into \( I \) and \( F \) is now straightforward: \( I \) agrees with \( C \) on paths \( P_1, \ldots, P_{i-1} \), and with \( M \) on paths \( P_{i+1}, \ldots, P_m \). On the current path, \( P_i \), the matching \( I \) agrees with \( C \) on the already processed part, and with \( M \) on the rest. (If \( t \) is troublesome, then the edge \( e_{IFt} \) also belongs to \( I \).) Finally, the reconstruction of \( I \) and \( F \) is completed by noting that \( I \cap F = M \setminus (I \oplus F) \), which is immediate from the definition of the paths. Hence \( I \) and \( F \) can be uniquely recovered from \( C = \eta_t(I, F) \), so \( \eta_t \) is injective. \( \square \)
Claim 5.15. For all transitions \( t = (M, M') \) and all pairs \( (I, F) \in \text{cp}(t) \),
\[
\pi(I)\pi(F) \leq m\bar{\lambda}^2 \pi(M)P(M, M') \pi(\eta(I, F)),
\]
where \( \bar{\lambda} := \max\{1, \lambda\} \).

Proof. Let \( C = \eta(I, F) \), and consider the expressions
\[
\lambda^{|I|}\lambda^{|F|} \quad \text{and} \quad \lambda^{|M \cup M'|}\lambda^{|C|},
\]
which are closely related to the quantities
\[
\pi(I)\pi(F) \quad \text{and} \quad \pi(M)P(M, M') \pi(\eta(I, F))
\]
of interest. Each edge \( e \in E \) contributes a factor 1, \( \lambda \) or \( \lambda^2 \) to \( \lambda^{|I|}\lambda^{|F|} \), according to whether \( e \) is in neither, exactly one, or both of \( I \) and \( F \). A similar observation can be made about \( \lambda^{|M \cup M'|}\lambda^{|C|} \). If \( e \notin I \) and \( e \notin F \) then \( e \notin M \cup M' \) and \( e \notin C \), and the contribution to both expressions is 1. If \( e \in I \) and \( e \in F \) then \( e \in M \cup M' \) and \( e \in C \) and the contribution to both expressions is \( \lambda^2 \). If \( e \in I \oplus F \) then \( e \in (M \cup M') \oplus C \) and the contribution to both expressions is \( \lambda \), with one possible exception: if \( t \) is troublesome and \( e = e_{IFt} \) then there is a contribution \( \lambda^{|I|}\lambda^{|F|} \) and 1 to \( \lambda^{|M \cup M'|}\lambda^{|C|} \). Thus,
\[
\lambda^{|I|}\lambda^{|F|} \leq \bar{\lambda}\lambda^{|M \cup M'|}\lambda^{|C|}.
\]
Dividing by \( Z^2 \), the square of the partition function, it follows that
\[
\pi(I)\pi(F) \leq \bar{\lambda}^2 \pi(M)\pi(C) \quad \text{and} \quad \pi(I)\pi(F) \leq \bar{\lambda}^2 \pi(M')\pi(C),
\]
where we have used the fact that \(|M|, |M'| \geq |M \cup M'| - 1 \). Then
\[
\pi(I)\pi(F) \leq \bar{\lambda}^2 \min \{ \pi(M), \pi(M') \} \pi(C)
\]
\[
= m\bar{\lambda}^2 \pi(M)P(M, M')\pi(C) \quad \text{by (5.2),}
\]
yielding the required inequality. \( \square \)

Now we are ready to evaluate the congestion \( \rho \).

Proposition 5.16. With a set of canonical paths \( \Gamma \) defined as in this section, the congestion \( \rho = \rho(\Gamma) \) of the MC on matchings of a graph \( G \) (refer to Figure 5.1) is bounded by \( \rho \leq \rho m \bar{\lambda}^2 \), where \( n \) and \( m \) are the number of vertices and edges of \( G \), respectively, and \( \lambda = \max\{1, \lambda\} \).
Proof. We just need to make precise the rough calculation following (5.18).

\[
\varrho = \max_{t=(M,M')} \left\{ \frac{1}{\pi(M)P(M,M')} \sum_{(I,F) \in \text{cp}(t)} \pi(I)\pi(F) |\gamma_{IF}| \right\}
\]

\[
\leq m\bar{\lambda}^2 \sum_{(I,F) \in \text{cp}(t)} \pi(\eta_t(I,F)) |\gamma_{IF}| \quad \text{by Claim 5.15}
\]

\[
\leq nm\bar{\lambda}^2 \sum_{(I,F) \in \text{cp}(t)} \pi(\eta_t(I,F)) \quad \text{since } |\gamma_{IF}| \leq n
\]

\[
\leq nm\bar{\lambda}^2 \quad \text{by Claim 5.14.}
\]

The sought-for bound on mixing time follows immediately.

Proof of Proposition 5.11. Combine Corollary 5.9 and Proposition 5.16, noting the crude bound \( \ln \pi(x)^{-1} \leq n \ln n + \frac{1}{2}n|\ln \lambda| \), which holds uniformly over \( x \in \Omega \).

Exercise 5.17. Show how to tighten the upper bound in Proposition 5.11 by a factor \( \lambda \). Since Claim 5.15 is essentially tight when \( t \) is troublesome, it is necessary to improve somehow the inequality

\[
\sum_{(I,F) \in \text{cp}(t)} \pi(\eta_t(I,F)) \leq 1,
\]

by studying carefully the range of \( \eta_t \). See Jerrum and Sinclair [36], specifically the proof of their Proposition 12.4.

5.4 Extensions and further applications

Let \( G \) be a graph with at least one perfect matching (i.e., matching that covers all vertices of \( G \)). In the limit, as \( \lambda \to \infty \), the partition function \( Z(\lambda) \) counts the number of perfect matchings in \( G \). However, the bound on mixing time provided by Proposition 5.11 grows unboundedly with increasing \( \lambda \), so it is not clear whether the MC we have studied in this chapter provides us with a FPAUS for perfect matchings in \( G \). At first we might hope that it is not necessary to set \( \lambda \) very large; perhaps the distribution (5.1) already places sufficient probability on the totality of perfect matchings at some quite modest \( \lambda \). (According to Proposition 5.11, we need \( \lambda \) to be bounded by a
polynomial in $n$, the number of vertices in $G$, to achieve a FPAUS/FPRAS for perfect matchings.)

Unfortunately, there are graphs (see Figure 5.4) for which the perfect matchings make an insignificant contribution to distribution (5.1) unless $\lambda$ is exponentially large in $n$. This claim follows from the these easily verified properties of the illustrated graph: (i) it has a unique perfect matching, and (ii) it has $2^k$ matchings that cover all vertices apart from $u$ and $v$. The question of whether there exists an FPRAS (equivalently, by the observations of Chapter 3, an FPAUS) for perfect matchings in a general graph is still open at the time of writing. However, progress has been made in some special cases, that of bipartite graphs being perhaps the most interesting.

The problem of counting perfect matchings in a bipartite graph is of particular significance, since it is equivalent to evaluating the permanent of a $0,1$-matrix. (Refer to problems #BipartitePM and 0,1-Perm of Chapter 2.) Recently, Jerrum, Sinclair and Vigoda [37] presented an FPRAS for the permanent of a $0,1$-matrix (in fact a general matrix with non-negative entries) using MC simulation. Noting that the counterexample of Figure 5.4 is bipartite, it is clear that we need to introduce a more sophisticated MC to achieve this result. In very rough terms, it is necessary to weight matchings according not just to the number of uncovered vertices but also their locations. In this way it is possible to access perfect matchings from near-perfect ones via a “staircase” of relatively small steps. Full details may be found in [37].

The canonical paths technique has also been applied by Jerrum and Sinclair to the ferromagnetic Ising model [35] and by Morris and Sinclair to “knapsack solutions” [52]. The latter application is particularly interesting for its use of random canonical paths.

5.5 Continuous time

It is possible to gain a better understanding of Theorem 5.6 and Corollary 5.7 by moving to continuous time.
Continuous time

Associated with any discrete-time MC \((X_t : t \in \mathbb{N})\) is a “continued” MC \((\tilde{X}_t : t \in \mathbb{R}^+)\). (We use tilde to distinguish continuous-time notions from their discrete-time analogues.) The MC \((\tilde{X}_t)\) makes jumps at times \((t_1, t_2, t_3, \ldots)\) where the time increments \(t_{i+1} - t_i\), for \(i \in \mathbb{N}\), are independent r.v’s that are exponentially distributed with mean 1. (Here we use the convention \(t_0 = 0\).) Between the jumps, i.e., in the intervals \([t_i, t_{i+1})\), for \(i \in \mathbb{N}\), the value of \(\tilde{X}_t\) is constant. The jumps, when they occur, are governed by the same transition matrix \(P\) as the original MC \((X_t)\). Informally, we have replaced deterministic time-1 holds between jumps by random, exponential, mean-1 holds. See Norris [53] for a proper treatment of continuous-time MC’s.

The continuous-time MC has an “infinitesimal description” \(\Pr(\tilde{X}_{t+dt} = y \mid \tilde{X}_t = x) = P(x, y)dt\) for all \(x \neq y\). As a consequence, the distribution of \(\tilde{X}_t\) has a particularly pleasant form:

\[
\tilde{P}^t(x, y) := \Pr(\tilde{X}_t = y \mid \tilde{X}_0 = x) = \exp((P - I)t),
\]

where \(I\) is the identity matrix.\(^2\) As in the discrete-time case, we aim to bound the rate of convergence of \((\tilde{X}_t)\) to stationarity by analysing the decay of the variance

\[
\text{Var}_\pi(\tilde{P}^t f) := \sum_{x \in \Omega} \pi(x) \{[\tilde{P}^t f](x)\}^2,
\]

(5.19)

where the function \(\tilde{P}^t f : \Omega \rightarrow \mathbb{R}\) is defined by

\[
[\tilde{P}^t f](x) := \sum_{y \in \Omega} \tilde{P}^t(x, y)f(y),
\]

(5.20)

and \(f : \Omega \rightarrow \mathbb{R}\) is any test function with \(E_\pi f = 0\).

By calculus, starting with (5.19) and (5.20), we may derive (calculation left to the reader):

\[
\frac{d}{dt} \text{Var}_\pi(\tilde{P}^t f) = 2 \sum_{x, y \in \Omega} \pi(x) (P(x, y) - I(x, y)) \left[\tilde{P}^t f\right](x) \left[\tilde{P}^t f\right](y).
\]

\(^2\)The exponential function applied to matrices can be understood as a convergent sum \(\exp Q := I + Q + Q^2/2! + Q^3/3! + \cdots\).
Hence, setting $t = 0$, we obtain

$$
\frac{d}{dt} \text{Var}_\pi(\bar{P}^t f) \bigg|_{t=0} = 2 \sum_{x,y\in\Omega} \pi(x)(P(x,y) - I(x,y)) f(x)f(y)
\approx 2 \sum_{x,y\in\Omega} \pi(x)P(x,y)f(x)f(y) - 2 \text{Var}_\pi f
\approx -2 \mathcal{E}_\pi(f,f),
$$

a continuous-time analogue of Theorem 5.6.

Applying Theorem 5.2, we see that $\text{Var}_\pi(\bar{P}^t f)$ is bounded by the solution of the differential equation $\dot{v} = -(2/\theta)v$, and hence

$$
(5.21) \quad \text{Var}_\pi(\bar{P}^t f) \leq \exp \left\{ -\frac{2t}{\theta} \right\} \text{Var}_\pi f,
$$

a continuous-time analogue of Corollary 5.7.

**Exercise 5.18.** Follow through in detail the calculations sketched above.

**Remarks 5.19.**

(a) The rate of decay of variance promised by (5.21) is faster than Corollary 5.7 by a factor 4. A factor 2 is explained by the avoidance of the lazy MC, but the remaining factor 2 is “real.” This suggests that the calculation in Theorem 5.6 is not only a little mysterious, but also gives away a constant factor.

(b) Simulating the continuised MC is unproblematic, and can be handled by a device similar to that employed in the case of the lazy MC (c.f. Remarks 5.5). To obtain a sample from the distribution of $\bar{X}_t$: (i) generate a sample $T$ from the Poisson distribution with mean $t$, and then (ii) simulate the discrete-time MC for $T$ steps.
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